

Econ 219B  
Psychology and Economics: Applications  
(Lecture 3)

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## Outline

1. Investment Goods: Exercise
2. Leisure Goods: Credit Card Borrowing
3. Leisure Goods: Consumption and Savings I (Life-cycle)
4. Leisure Goods: Consumption and Savings II (Commitments)
5. Methodology: Errors in Applying Present-Biased Preferences

# 1 Investment Goods: Exercise

- DellaVigna, Malmendier, “Paying Not To Go To The Gym”, *American Economic Review*
- Exercise as an investment good
- Present-Bias: Temptation not to attend

## Choice of flat-rate vs. per-visit contract

- *Contractual elements*: Per visit fee  $p$ , Lump-sum periodic fee  $L$
- *Menu of contracts*
  - Flat-rate contract:  $L > 0, p = 0$
  - Pay-per-visit contract:  $L = 0, p > 0$
- *Health club attendance*
  - Immediate cost  $c_t$
  - Delayed health benefit  $h > 0$
  - Uncertainty:  $c_t \sim G, c_t$  i.i.d.  $\forall t$ .

## Attendance decision.

- Long-run plans at time 0:

$$\text{Attend at } t \iff \beta\delta^t(-p - c_t + \delta h) > 0 \iff c_t < \delta h - p.$$

- Actual attendance decision at  $t \geq 1$ :

$$\text{Attend at } t \iff -p - c_t + \beta\delta h > 0 \iff c_t < \beta\delta h - p. \text{ (Time Incons.)}$$

$$\text{Actual } P(\text{attend}) = G(\beta\delta h - p)$$

- Forecast at  $t = 0$  of attendance at  $t \geq 1$ :

$$\text{Attend at } t \iff -p - c_t + \hat{\beta}\delta h > 0 \iff c_t < \hat{\beta}\delta h - p. \text{ (Naiveté)}$$

$$\text{Forecasted } P(\text{attend}) = G(\hat{\beta}\delta h - p)$$

## Choice of contracts at enrollment

**Proposition 1.** If an agent chooses the flat-rate contract over the pay-per-visit contract, then

$$\begin{aligned} a(T) L &\leq pTG(\beta\delta h) \\ &\quad + (1 - \hat{\beta})\delta bT \left( G(\hat{\beta}\delta h) - G(\hat{\beta}\delta h - p) \right) \\ &\quad + pT \left( G(\hat{\beta}\delta h) - G(\beta\delta h) \right) \end{aligned}$$

### Intuition:

1. *Exponentials* ( $\beta = \hat{\beta} = 1$ ) pay at most  $p$  per expected visit.
2. *Hyperbolic* agents may pay more than  $p$  per visit.
  - (a) *Sophisticates* ( $\beta = \hat{\beta} < 1$ ) pay for commitment device ( $p = 0$ ). Align actual and desired attendance.
  - (b) *Naïves* ( $\beta < \hat{\beta} = 1$ ) overestimate usage.

- Estimate average attendance and price per attendance in flat-rate contracts

TABLE 3—PRICE PER AVERAGE ATTENDANCE AT ENROLLMENT

Sample: No subsidy, all clubs			
	Average price per month (1)	Average attendance per month (2)	Average price per average attendance (3)
Users initially enrolled with a monthly contract			
Month 1	55.23 (0.80) <i>N</i> = 829	3.45 (0.13) <i>N</i> = 829	16.01 (0.66) <i>N</i> = 829
Month 2	80.65 (0.45) <i>N</i> = 758	5.46 (0.19) <i>N</i> = 758	14.76 (0.52) <i>N</i> = 758
Month 3	70.18 (1.05) <i>N</i> = 753	4.89 (0.18) <i>N</i> = 753	14.34 (0.58) <i>N</i> = 753
Month 4	81.79 (0.26) <i>N</i> = 728	4.57 (0.19) <i>N</i> = 728	17.89 (0.75) <i>N</i> = 728
Month 5	81.93 (0.25) <i>N</i> = 701	4.42 (0.19) <i>N</i> = 701	18.53 (0.80) <i>N</i> = 701
Month 6	81.94 (0.29) <i>N</i> = 607	4.32 (0.19) <i>N</i> = 607	18.95 (0.84) <i>N</i> = 607
Months 1 to 6	75.26 (0.27) <i>N</i> = 866	4.36 (0.14) <i>N</i> = 866	17.27 (0.54) <i>N</i> = 866
Users initially enrolled with an annual contract, who joined at least 14 months before the end of sample period			
Year 1	66.32 (0.37) <i>N</i> = 145	4.36 (0.36) <i>N</i> = 145	15.22 (1.25) <i>N</i> = 145

- Result is not due to small number of outliers
- 80 percent of people would be better off in pay-per-visit

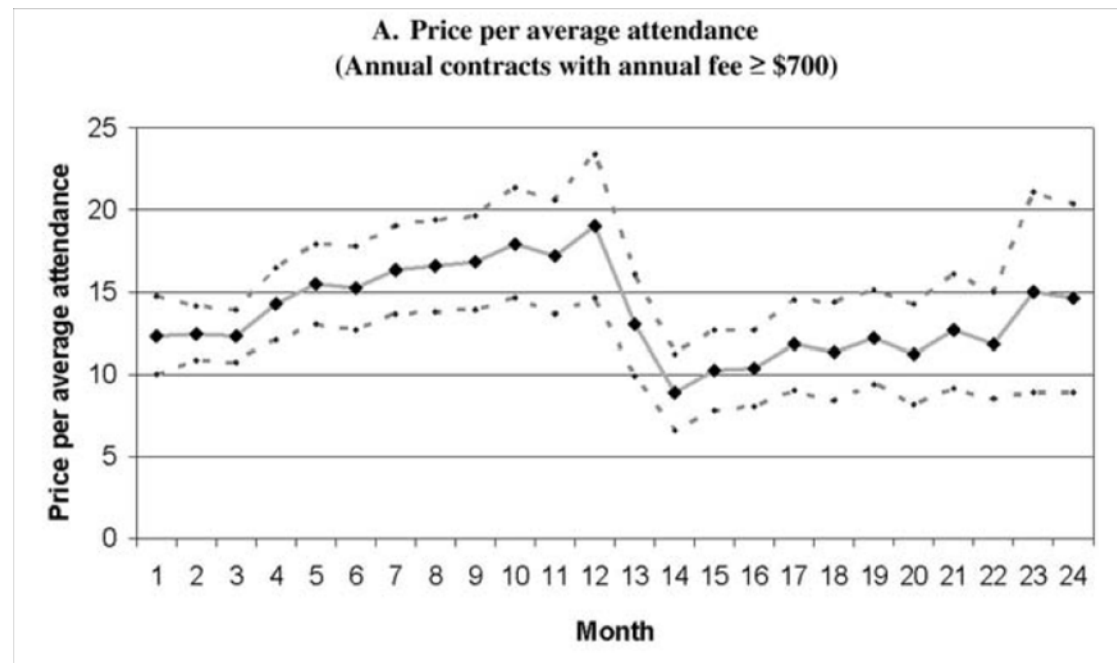
TABLE 4—DISTRIBUTION OF ATTENDANCE AND PRICE PER ATTENDANCE AT ENROLLMENT

	Sample: No subsidy, all clubs			
	First contract monthly, months 1–6 (monthly fee $\geq$ \$70)		First contract annual, year 1 (annual fee $\geq$ \$700)	
	Average attendance per month (1)	Price per attendance (2)	Average attendance per month (3)	Price per attendance (4)
Distribution of measures				
10th percentile	0.24	7.73	0.20	5.98
20th percentile	0.80	10.18	0.80	8.81
25th percentile	1.19	11.48	1.08	11.27
Median	3.50	21.89	3.46	19.63
75th percentile	6.50	63.75	6.08	63.06
90th percentile	9.72	121.73	10.86	113.85
95th percentile	11.78	201.10	13.16	294.51
	<i>N</i> = 866	<i>N</i> = 866	<i>N</i> = 145	<i>N</i> = 145

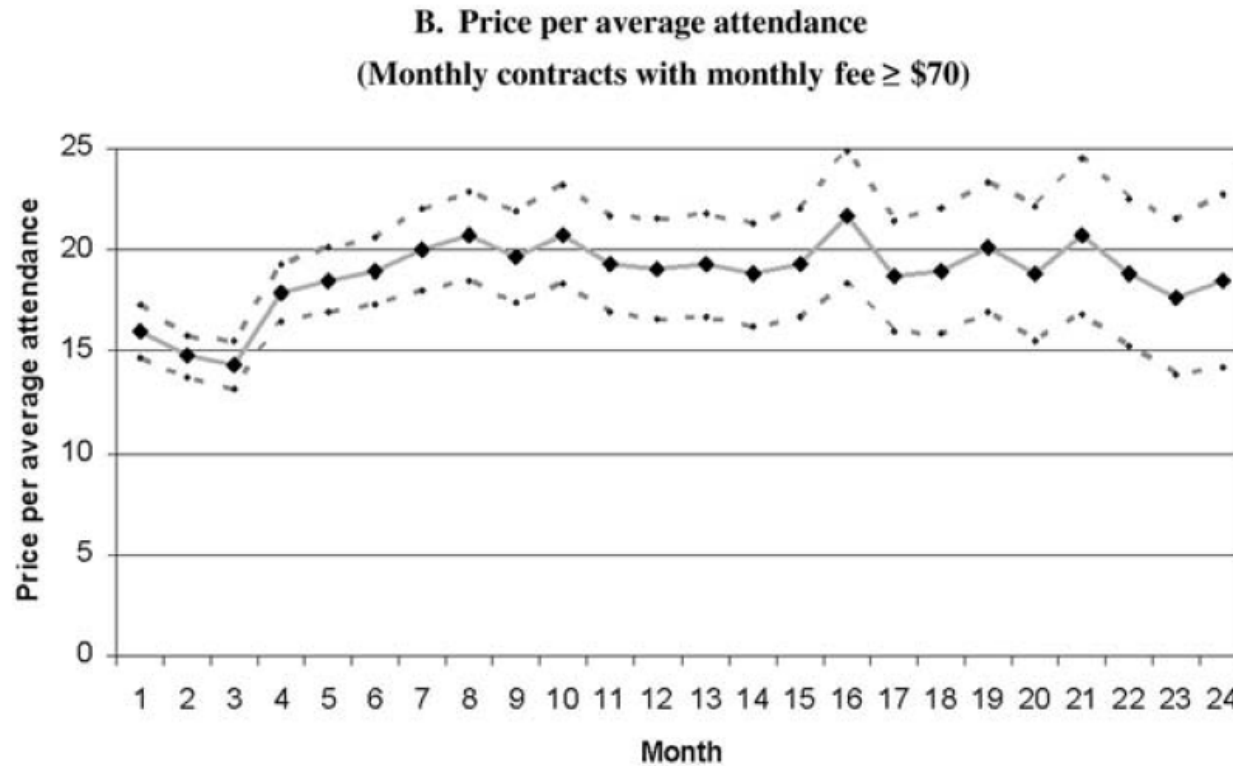


## Choice of contracts over time

- Choice at enrollment explained by sophistication or naiveté
- And over time? We expect some switching to payment per visit
- **Annual contract.** Switching after 12 months



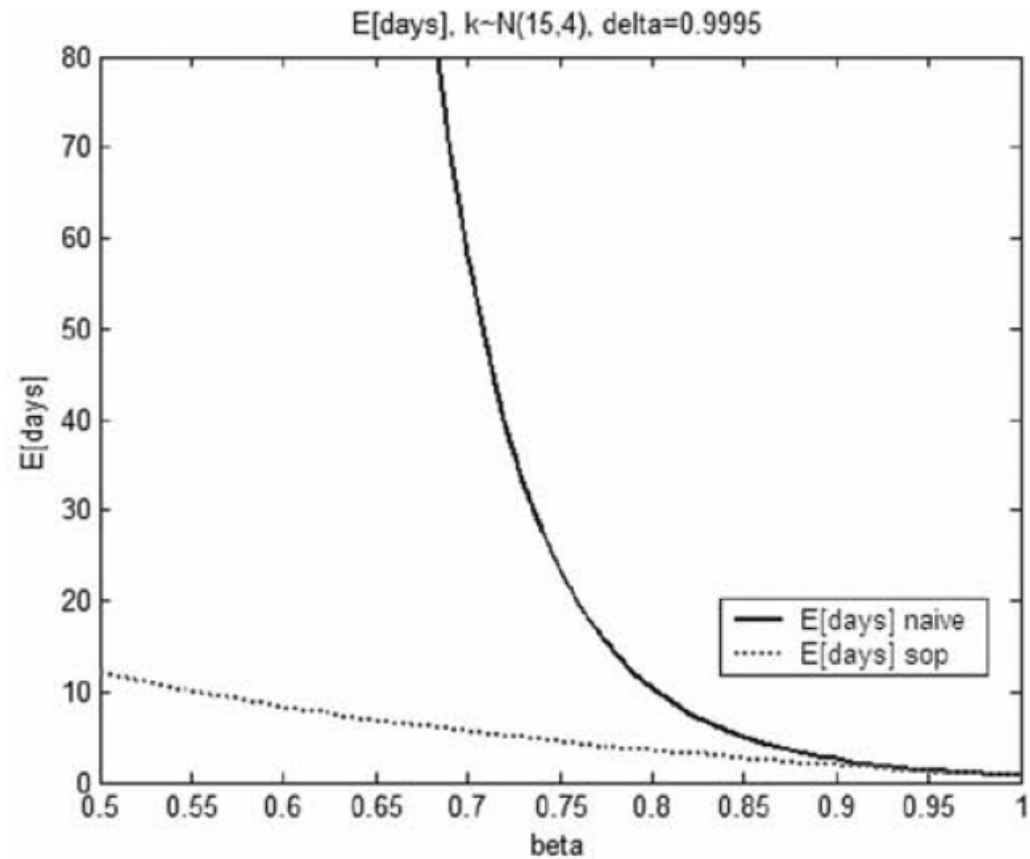
- **Monthly contract.** No evidence of selective switching



- Puzzle. Why the different behavior?

- Simple Explanation – Again the power of defaults
  - Switching out in monthly contract takes active effort
  - Switching out in annual contract is default
- Model this as for 401(k)s with cost  $k$  of effort and benefit  $b$  (lower fees)
- In DellaVigna and Malmendier (2006), model with stochastic cost  $k \sim N(15, 4)$
- Assume  $\delta = .9995$  and  $b = \$1$  (low attendance – save \$1 per day)
- How many days on average would it take between last attendance and contract termination? Observed: 2.31 months

- Calibration for different  $\beta$  and different types



A. Simulated expected number of days before a monthly member switches to payment per visit  
 Assumptions: cost  $k \sim N(15,4)$ , daily savings  $s=1$ , and daily discount factor  $\delta = 0.9995$ . The observed average delay is 2.31 months (70 days) (Finding 4)

- Overall:
  - Present-Biased preferences *with* naiveté organize all the facts
  - Can explain magnitudes, not just qualitative patterns
- Alternative interpretations
  - **Overestimation of future efficiency.**
  - **Selection effect.** People that sign in gyms are already not the worst procrastinators
  - **Bounded rationality**
  - **Persuasion**
  - **Memory**

## 2 Leisure Goods: Credit card Borrowing

- Ausubel, "Adverse Selection in Credit Card Market"
- Joint-venture company-researcher
- Field Experiment: Randomized mailing of two million solicitations!
- Follow borrowing behavior for 21 months
- Variation of:
  - pre-teaser interest rate  $r_0$ : 4.9% to 7.9%
  - post-teaser interest rate  $r_1$ : Standard - 4% to Standard +4%
  - Duration of teaser period  $T_s$  (measured in years)

- Part of the randomization – Incredible sample sizes. How much would this cost to run? Millions

TABLE 1: SUMMARY OF MARKET EXPERIMENTS					
MARKET EXPERIMENT	MARKET CELL	NUMBER OF SOLICITATIONS MAILED	EFFECTIVE RESPONSE RATE	PERCENT GOLD CARDS	AVERAGE CREDIT LIMIT
MKT EXP I	A: 4.9% Intro Rate 6 months	100,000	1.073%	83.97%	\$6,446
MKT EXP I	B: 5.9% Intro Rate 6 months	100,000	0.903%	80.18%	\$6,207
MKT EXP I	C: 6.9% Intro Rate 6 months	100,000	0.687%	80.06%	\$5,973
MKT EXP I	D: 7.9% Intro Rate 6 months	100,000	0.645%	76.74%	\$5,827
MKT EXP I	E: 6.9% Intro Rate 9 months	100,000	0.992%	81.15%	\$6,279
MKT EXP I	F: 7.9% Intro Rate 12 months	100,000	0.944%	82.31%	\$6,296

- Another set of experiments:

MKT EXP III	A: Post-Intro Rate Standard - 4%	100,000	1.015%	82.96%	\$5,666
MKT EXP III	B: Post-Intro Rate Standard - 2%	100,000	0.928%	77.69%	\$5,346
MKT EXP III	C: Post-Intro Rate Standard + 0%	100,000	0.774%	76.87%	\$5,167
MKT EXP III	D: Post-Intro Rate Standard + 2%	100,000	0.756%	76.98%	\$5,265
MKT EXP III	E: Post-Intro Rate Standard + 4%	100,000	0.633%	73.62%	\$5,095



- Setting:
  - Individual has initial credit card  $(r_0^0, r_1^0, T_s^0)$ . Balances:  $b_0$  pre-teaser,  $b_1$  post-teaser
  - Credit card offers:  $(r_0', r_1', T_s')$
- Decision to take-up new credit card:
  - switching cost  $k > 0$
  - approx. saving in pre-teaser rates ( $T_s$  years):  $T_s (r_0' - r_0^0) b_0$
  - approx. saving in post-teaser rates ( $21/12 - T_s$  years):  $(21/12 - T_s) (r_1' - r_1^0) b_1$
- Net benefit of switching:

$$NB' = -k + T_s (r_0' - r_0^0) b_0 + (21/12 - T_s) (r_1' - r_1^0) b_1$$

- Switch if  $NB + \varepsilon > 0$
- Take-up rate  $R$  is function of attractiveness  $NB$ :

$$R = R(NB), R' > 0$$

- Compare take-up rate of card  $i$ ,  $R^i$ , to take-up rate of Standard Card  $St$ ,  $R^{St}$ 
  - Standard Card (6.9% followed by 16%) (Card C above)
- Assume  $R$  (approximately) linear in a neighborhood of  $NB^{St}$ , that is,

$$R(NB^i) = R(NB^{St}) + R'_{NB} (NB^i - NB^{St})$$

- Compare cards *Pre* and *St* that differ only in interest rate  $r_0$  (pre-teaser)
- Assume  $b_0^{Pre} = b_0^{St} = b_0$  (Pre-teaser balance )  $\approx$  \$2,000
- Difference in attractiveness:

$$R(NB^{Pre}) - R(NB^{St}) = R'_{NB} T_s (r_0^{Pre} - r_0^{St}) b_0$$

– Pre-Teaser Offer (Card A): (4.9% followed by 16%)

$$* NB^{Pre} - NB^{St} \approx 6/12 * 2\% * \$2,000 = \$20$$

$$* R(NB^{Pre}) - R(NB^{St}) = 386 \text{ out of } 100,000$$

- Compare cards *Post* and *St* that differ only in interest rate  $r_1$  (post-teaser)
- Assume  $b_1^{Post} = b_1^{St} = b_1$  (Post-teaser balance)  $\approx$  \$1,000
- Difference in attractiveness:

$$R(NB^{Post}) - R(NB^{St}) = R'_{NB} (21/12 - T_s) (r_1^{Post} - r_1^{St}) b_1$$

– Post-Teaser Offer (Card B in Exp. III): (6.9% followed by 14%)

$$* NB^{Post} - NB^{St} \approx 15/12 * 2\% * \$1000 = \$25$$

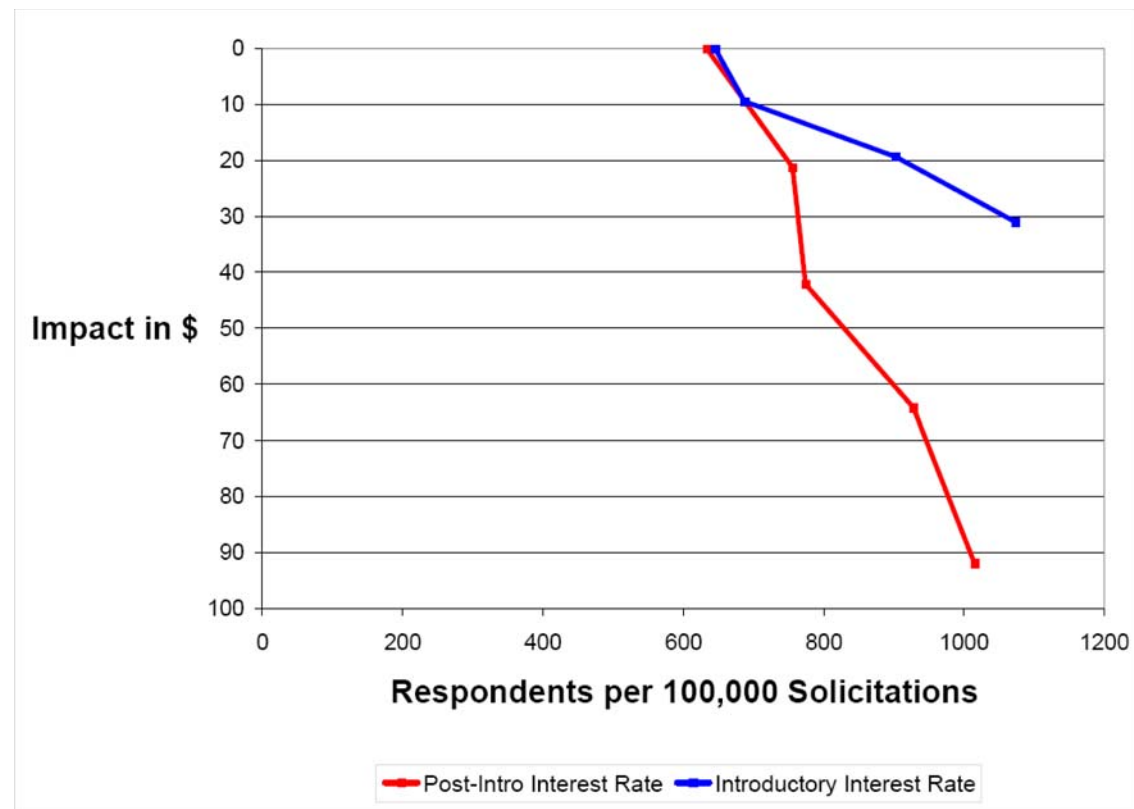
$$* R(NB^{Post}) - R(NB^{St}) = 154 \text{ out of } 100,000$$

- Puzzle:

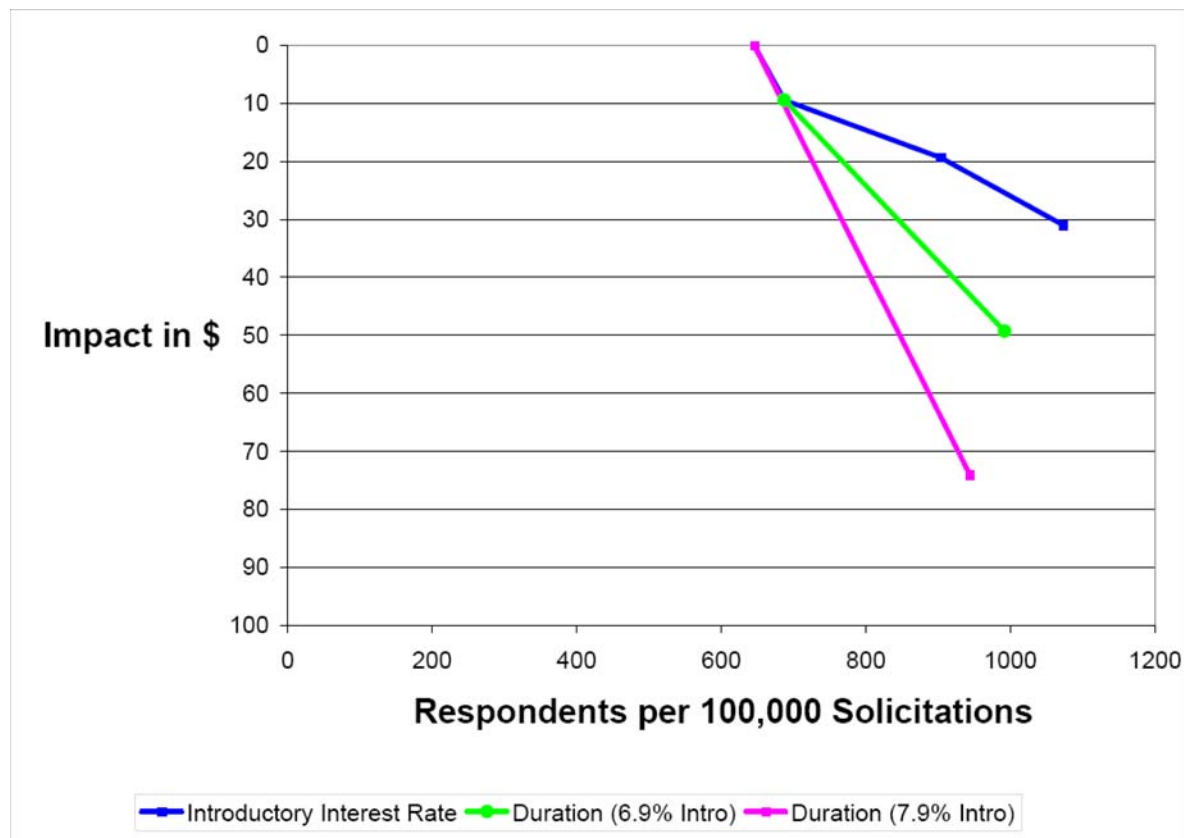
$$- NB^{Post} - NB^{St} > NB^{Pre} - NB^{St}$$

$$- \text{But } R(NB^{Pre}) - R(NB^{St}) \gg R(NB^{Post}) - R(NB^{St})$$

- Plot  $NB$  and  $R(NB)$  for different offers
- Figure 1. Compare offers varying in  $r_0$  (flat line) and in  $r_1$  (steep line)



- Very different slope!
- Figure 2. Vary length of teaser period. Similar findings.



- **Figure 1.** People underrespond to post-teaser interest rate.
- Why?
  - truncation at 21 months?
  - (very) high impatience?
  - sophistication?
  - most plausible: naiveté

- Naive time-inconsistent preferences
- Naives overestimate switching to another card (procrastination)
- Naives underestimate post-teaser borrowing:  $\hat{b}_1 < b_1$  and  $\hat{b}_0 = b_0$
- Compare cards:

$$NB^{Pre} - NB^{St} = T_s (r_0^{Pre} - r_0^{St}) b_0$$

and

$$\widehat{NB}^{Post} - \widehat{NB}^{St} = (21/12 - T_s) (r_1^{Post} - r_1^{St}) \hat{b}_1$$

- Underestimate impact of post-teaser interest rates
- Calibration:  $\hat{b}_1 \approx (1/3) b_1$



- **Figure 2. Variation in  $T_s$ .** People underrespond to length of teaser period
- Why?
- Naive agent overestimates probability of switching to another teaser offer

### 3 Leisure Goods: Consumption and Savings I

- Laibson (1997) to Laibson, Repetto, and Tobacman (20057)
- Leisure Good: Temptation to overconsume at present
- Stylized facts:
  - Low liquid wealth accumulation
  - Extensive credit card borrowing (SCF, Fed, Gross and Souleles 2000)
  - Consumption-income excess comovement (Hall and Mishkin, 1982)
  - Substantial illiquid wealth (housing+401(k)s)

TABLE 1  
SECOND-STAGE MOMENTS

Description and Name	$\bar{m}_{J_m}$	$se(\bar{m}_{J_m})$
% Borrowing on Visa: “% <i>Visa</i> ”	0.678	0.015
Mean (Borrowing <sub>t</sub> / mean(Income <sub>t</sub> )): “ <i>mean Visa</i> ”	0.117	0.009
Consumption-Income Comovement: “ <i>CY</i> ”	0.231	0.112
<i>Average weighted</i> $\frac{wealth}{income}$ : “ <i>wealth</i> ”	2.60	0.13

Source: Authors’ calculations based on data from the Survey of Consumer Finances, the Federal Reserve, and the Panel Study on Income Dynamics. Calculations pertain to households with heads who have high school diplomas but not college degrees. The variables are defined as follows: % *Visa* is the fraction of U.S. households borrowing and paying interest on credit cards (SCF 1995 and 1998); *mean Visa* is the average amount of credit card debt as a fraction of the mean income for the age group (SCF 1995 and 1998, weighted by Fed aggregates); *CY* is the marginal propensity to consume out of anticipated changes in income (PSID 1978-92); and *wealth* is the weighted average wealth-to-income ratio for households with heads aged 50-59 (SCF 1983-1998).

- Reduced-form evidence here not sufficient
- Life-cycle consumption model (Gourinchas and Parker, 2004)
- Assume realistic features:
  - borrowing constraints
  - illiquid assets
  - bequests...

- Two steps of estimation: of MSM (Method of Simulated Moments)
  1. Estimate ('calibrate') auxiliary parameters
    - Interest rate
    - Mortality
    - Income shocks
  2. Estimate main parameters  $(\beta, \delta)$  using Method of Simulated Moments
    - \* Simulate model (cannot solve analytically)
    - \* Choose parameters  $(\hat{\beta}, \hat{\delta})$  that minimize distance of simulated moments to estimated moments
    - \* Take into account uncertainty in estimates of 1st stage
- (David Laibson's Slides follow)

### 3 Model

- We use simulation framework
- Institutionally rich environment, e.g., with income uncertainty and liquidity constraints
- Literature pioneered by Carroll (1992, 1997), Deaton (1991), and Zeldes (1989)
- Gourinchas and Parker (2001) use method of simulated moments (MSM) to estimate a structural model of life-cycle consumption

## 3.1 Demographics

- Mortality, Retirement (PSID), Dependents (PSID), HS educational group

## 3.2 Income from transfers and wages

- $Y_t$  = after-tax labor and bequest income plus govt transfers (assumed exog., calibrated from PSID)
- $y_t \equiv \ln(Y_t)$ . During working life:

$$y_t = f^W(t) + u_t + \nu_t^W \quad (3)$$

- During retirement:

$$y_t = f^R(t) + \nu_t^R \quad (4)$$

### 3.3 Liquid assets and non-collateralized debt

- $X_t + Y_t$  represents liquid asset holdings at the beginning of period  $t$ .
- Credit limit:  $X_t \geq -\lambda \cdot \bar{Y}_t$
- $\lambda = .30$ , so average credit limit is approximately \$8,000 (SCF).



## 3.4 Illiquid assets

- $Z_t$  represents illiquid asset holdings at age  $t$ .
- $Z$  bounded below by zero.
- $Z$  generates consumption flows each period of  $\gamma Z$ .
- Conceive of  $Z$  as having some of the properties of home equity.
- Disallow withdrawals from  $Z$ ;  $Z$  is perfectly illiquid.
- $Z$  stylized to preserve computational tractability.

## 3.5 Dynamics

- Let  $I_t^X$  and  $I_t^Z$  represent net investment into assets  $X$  and  $Z$  during period  $t$

- Dynamic budget constraints:

$$X_{t+1} = R^X \cdot (X_t + I_t^X)$$

$$Z_{t+1} = R^Z \cdot (Z_t + I_t^Z)$$

$$C_t = Y_t - I_t^X - I_t^Z$$

- Interest rates:

$$R^X = \begin{cases} R^{CC} & \text{if } X_t + I_t^X < 0 \\ R & \text{if } X_t + I_t^X > 0 \end{cases} ; \quad R^Z = 1$$

- Three assumptions for  $[R^X, \gamma, R^{CC}]$ :

Benchmark: [1.0375, 0.05, 1.1175]

Aggressive: [1.03, 0.06, 1.10]

Very Aggressive: [1.02, 0.07, 1.09]

In full detail, self  $t$  has instantaneous payoff function

$$u(C_t, Z_t, n_t) = n_t \cdot \frac{\left(\frac{C_t + \gamma Z_t}{n_t}\right)^{1-\rho} - 1}{1 - \rho}$$

and continuation payoffs given by:

$$\begin{aligned} & \beta \sum_{i=1}^{T+N-t} \delta^i \left( \prod_{j=1}^{i-1} s_{t+j} \right) (s_{t+i}) \cdot u(C_{t+i}, Z_{t+i}, n_{t+i}) \dots \\ & + \beta \sum_{i=1}^{T+N-t} \delta^i \left( \prod_{j=1}^{i-1} s_{t+j} \right) (1 - s_{t+i}) \cdot B(X_{t+i}, Z_{t+i}) \end{aligned}$$

- $n_t$  is effective household size: adults + (.4)(kids)
- $\gamma Z_t$  represents real after-tax net consumption flow
- $s_{t+1}$  is survival probability
- $B(\cdot)$  represents the payoff in the death state

## 3.7 Computation

- Dynamic problem:

$$\begin{aligned} \max_{I_t^X, I_t^Z} \quad & u(C_t, Z_t, n_t) + \beta\delta E_t V_{t,t+1}(\Lambda_{t+1}) \\ \text{s.t.} \quad & \text{Budget constraints} \end{aligned}$$

- $\Lambda_t = (X_t + Y_t, Z_t, u_t)$  (state variables)

- Functional Equation:

$$\begin{aligned} V_{t-1,t}(\Lambda_t) = \\ \{s_t[u(C_t, Z_t, n_t) + \delta E_t V_{t,t+1}(\Lambda_{t+1})] + (1-s_t)E_t B(\Lambda_t)\} \end{aligned}$$

- Solve for eq strategies using backwards induction
- Simulate behavior
- Calculate descriptive moments of consumer behavior

## 4 Estimation

Estimate parameter vector  $\theta$  and evaluate models wrt data.

- $m_e = N$  empirical moments, VCV matrix =  $\Omega$
- $m_s(\theta) =$  analogous simulated moments
- $q(\theta) \equiv (m_s(\theta) - m_e) \Omega^{-1} (m_s(\theta) - m_e)'$ , a scalar-valued loss function
- Minimize loss function:  $\hat{\theta} = \arg \min_{\theta} q(\theta)$
- $\hat{\theta}$  is the MSM estimator.
- Pakes and Pollard (1989) prove asymptotic consistency and normality.
- Specification tests:  $q(\hat{\theta}) \sim \chi^2(N - \#parameters)$

TABLE 3  
BENCHMARK STRUCTURAL ESTIMATION RESULTS

	(1)	(2)	(3)	(4)	(5)
	Hyperbolic	Exponential	Hyperbolic Optimal Wts	Exponential Optimal Wts	Data
Parameter estimates $\hat{\theta}$					
$\hat{\beta}$	0.7031	1.0000	0.7150	1.0000	-
s.e. (i)	(0.1093)	-	(0.0948)	-	-
s.e. (ii)	(0.1090)	-	-	-	-
s.e. (iii)	(0.0170)	-	-	-	-
s.e. (iv)	(0.0150)	-	-	-	-
$\hat{\delta}$	0.9580	0.8459	0.9603	0.9419	-
s.e. (i)	(0.0068)	(0.0249)	(0.0081)	(0.0132)	-
s.e. (ii)	(0.0068)	(0.0247)	-	-	-
s.e. (iii)	(0.0010)	(0.0062)	-	-	-
s.e. (iv)	(0.0009)	(0.0056)	-	-	-
Second-stage moments					
<i>% Visa</i>	0.634	0.669	0.613	0.284	0.678
<i>mean Visa</i>	0.167	0.150	0.159	0.049	0.117
<i>CY</i>	0.314	0.293	0.269	0.074	0.231
<i>wealth</i>	2.69	-0.05	3.22	2.81	2.60
Goodness-of-fit					
$q(\hat{\theta}, \hat{\chi})$	67.2	436	2.48	34.4	-
$\xi(\hat{\theta}, \hat{\chi})$	3.01	217	8.91	258.7	-
<i>p</i> -value	0.222	<1e-10	0.0116	<2e-7	-

Source: Authors' calculations.

Note on standard errors: (i) includes both the first stage correction and the simulation correction, (ii) includes just the first stage correction, (iii) includes just the simulation correction, and (iv) includes neither correction.



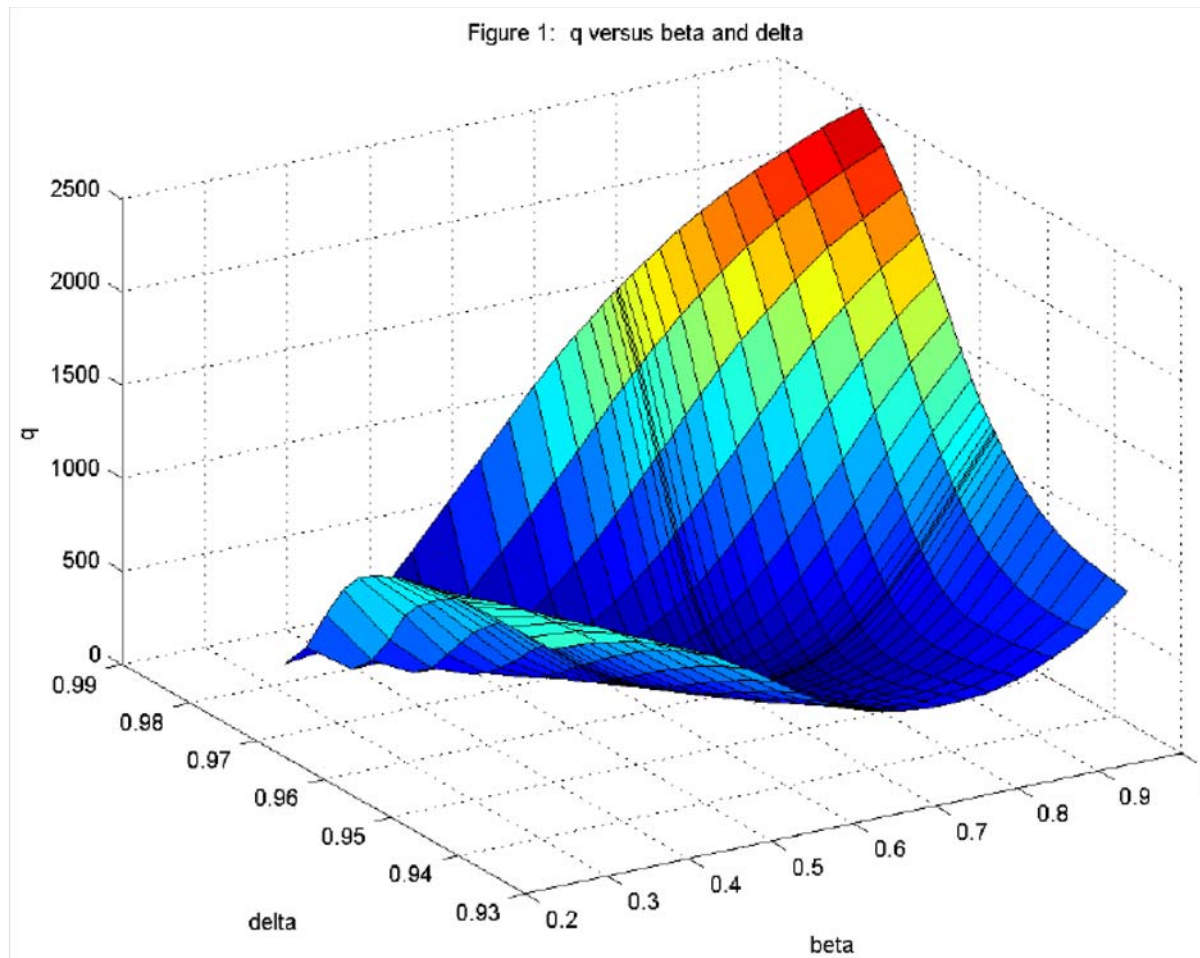


Figure 1: This figure plots the MSM objective function with respect to beta and delta under the paper's benchmark assumptions. The objective,  $q$ , equals a weighted sum of squared deviations of the empirical moments from the moments predicted by the model. Lower values of  $q$  represent a better fit of the model, and the  $(\beta, \delta)$  pair that minimizes  $q$  is the MSM estimator.



## 4 Leisure Goods: Commitments and Savings II

- Ashraf, Karlan, and Yin (2005), *Quarterly Journal of Economics*
  - Different Methodology: Field Experiment
  - Different Setting: Philippines
- Three treatments:
  - SEED Treatment (N=842): Encourage to save, Offer commitment device (account with savings goal)
  - Marketing Treatment (N=466): Encourage to save, Offer no commitment
  - Control Treatment (N=469)

- Evaluation:
  - Compare SEED to Marketing Treatment: Effect of Commitment Device in addition to encouragement
  - Measure the effect on total savings (also on non-committed account)
    - This was not true in 401(k) studies
- SEED Treatment:
  - Out of 842 treated people, 202 take up SEED
  - 167 also got lock-up box (did not observe savings there)

- Effect of SEED Treatment on Total Savings, Compared to Marketing
  - (Remember: Include all 842 people, Intent-to-Treat)
  - *Share of people with increased Balances*: 5.6 percentage (33.3 percent in SEED and 27.7 in Marketing)
  - *Share of people with increased Balances by at least 20 percent*: 6.4 percentage points
  - *Total Balances*: 287 Pesos after 6 months (not significant)
- To compute Treatment-on-The-Treated, divide by  $202/842$ 
  - Take into account no effect on non-takers (by assumption)

TABLE VI  
Impact on Change in Savings Held at Bank  
OLS, Probit

INTENT TO TREAT EFFECT								
Length	OLS				Probit			
	6 months		12 months		12 months			
Dependent Variable:	Change in Total Balance	Change in Total Balance	Change in Total Balance	Change in Total Balance	Binary Outcome = 1 if Change in Balance > 0%	Binary Outcome = 1 if Change in Balance > 0%	Binary Outcome = 1 if Change in Balance > 20%	Binary Outcome = 1 if Change in Balance > 20%
Sample	All	Commitment & Marketing Only	All	Commitment & Marketing Only	All	Commitment & Marketing Only	All	Commitment & Marketing Only
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Commitment Treatment	234.678* (101.748)	49.828 (156.027)	411.466* (244.021)	287.575 (228.523)	0.102*** (3.82)	0.056** (0.026)	0.101*** (0.022)	0.064*** (0.021)
Marketing Treatment	184.851 (146.982)		123.891 (153.440)		0.048 (1.56)		0.041 (0.027)	
Constant	40.626 (61.676)	225.476* (133.405)	65.183 (124.215)	189.074** (90.072)				
Observations	1777	1308	1777	1308	1777	1308	1777	1308
R-squared	0.00	0.00	0.00	0.00				

Robust standard errors in parentheses. \* significant at 10%; \*\* significant at 5%; \*\*\* significant at 1%. The dependent variable in the first two columns is the change in total savings held at the Green Bank after six months. Column (1) regresses change in total savings balances on indicators for assignment in the commitment- and marketing-treatment groups. The omitted group indicator in this regression corresponds to the control group. Column (2) shows the regression restricting the sample to commitment- and marketing-treatment groups. Columns (3) and (4) repeat this regression, using change in savings balances after 12 months as a dependent variable. The dependent variable in columns (5)-(8) is a binary variable equal to 1 if balances increased by x%. 154 clients had pre-intervention a savings balance equal to zero. 24 of them had positive savings after 12 months. These individuals were coded as "one," and those that remain at zero were coded as zero for the outcome variables for columns (5) through (8). Exchange rate is 50 pesos for US \$1.00.

- In addition, examine correlation with a survey response to hyperbolic-discounting-type question:
  - Preference between 200 Pesos now and in 1 month
  - Preference between 200 Pesos in 6 months and in 7 months

TABLE III  
Tabulations of Responses to Hypothetical Time Preference Questions

			Indifferent between 200 pesos in 6 months and X in 7 months			
			Patient	Somewhat Impatient	Most Impatient	Total
			X<250	250<X<300	300<X	
Indifferent between 200 pesos now and X in one month	Patient	X<250	606 34.4%	126 7.2%	73 4.1%	805 45.7%
	Somewhat Impatient	250<X<300	206 11.7%	146 8.3%	59 3.3%	411 23.3%
	Most Impatient	300<X	154 8.7%	93 5.3%	299 17%	546 31%
	Total		966 54.8%	365 20.7%	431 24.5%	1,762 100%

	"Hyperbolic": More patient over future tradeoffs than current tradeoffs
	"Patient Now, Impatient Later": Less patient over future tradeoffs than current tradeoffs.
	Time inconsistent (direction of inconsistency depends on answer to open-ended question).

- On average, evidence on hyperbolic-discounting-type preferences
- Interesting idea: Correlate survey response with response to treatment (also in Fehr-Goette paper next lecture)
- Evidence of correlation for women, not for men

TABLE V  
Determinants of SEED Takeup  
Probit

	(1) All	(2) All	(3) Female	(4) Male
Time inconsistent	0.125* (0.067)	0.005 (0.080)	0.158* (0.085)	0.046 (0.098)
Impatient, Now versus 1 Month	-0.030 (0.050)	-0.039 (0.050)	-0.036 (0.062)	-0.041 (0.075)
Patient, Now versus 1 Month	0.076 (0.072)	0.070 (0.072)	0.035 (0.089)	0.119 (0.110)
Impatient, 6 months versus 7 Months	0.097 (0.065)	0.108* (0.065)	0.124 (0.087)	0.078 (0.091)
Patient, 6 months versus 7 Months	0.015 (0.064)	0.022 (0.064)	0.057 (0.081)	-0.021 (0.093)

# 5 Methodology: Errors in Applying Present-Biased Preferences

- Present-Bias model very successful
- Quick adoption at cost of incorrect applications
- Four common errors

- **Error 1. Procrastination with Sophistication**

- ‘Self-Control leads to Procrastination’

- This is not accurate in two ways

- *Issue 1.*

- \*  $(\beta, \delta)$  Sophisticates do not delay for long (see our calibration)

- \* Need Self-control + Naiveté (overconfidence) to get long delay

- *Issue 2.* (Definitional issue) We distinguished between:

- \* Delay. Task is not undertaken immediately

- \* Procrastination. Delay systematically beyond initial expectations

- \* Sophisticates and exponentials do not procrastinate, they *delay*



- **Error 2. Naives with Yearly Decisions**

- ‘We obtain similar results for naives and sophisticates in our calibrations’
- Example 1. Fang, Silverman (2007)
- Single mothers applying for welfare. Three states:
  1. Work
  2. Welfare
  3. Home (without welfare)
- Welfare dominates Home – So why so many mothers stay Home?

Choice at $t - 1$	Choice at $t$		
	Welfare	Work	Home
<u>Welfare</u>			
Row %	84.3	3.5	12.3
Column %	76.7	6.3	17.9
<u>Work</u>			
Row %	5.3	79.3	15.3
Column %	2.6	76.4	12.1
<u>Home</u>			
Row %	28.3	12.0	59.7
Column %	20.7	17.3	70.0

- – Model:
  - \* Immediate cost  $\phi$  (stigma, transaction cost) to go into welfare
  - \* For  $\phi$  high enough, can explain transition
  - \* Simulate Exponentials, Sophisticates, Naives

- However: Simulate decision at **yearly** horizon.
- BUT: At yearly horizon naives do not procrastinate:
  - \* Compare:
    - Switch now
    - Forego *one year* of benefits and switch next year
- Result:
  - \* Very low estimates of  $\beta$
  - \* Very high estimates of switching cost  $\phi$
  - \* Naives are same as sophisticates

Parameters		(1)		(2)		(3)	
		Time Consistent		Present-Biased (sophisticated)		Present-Biased (Naive)	
		Estimate	S.E.	Estimate	S.E.	Estimate	S.E.
<u>Preference Parameters</u>							
Discount Factors	$\beta$	1	n.a.	0.33802	0.06943	0.355	0.0983
	$\delta$	0.41488	0.07693	0.87507	0.01603	0.868	0.02471
Net Stigma	$\phi^{(1)}$	7537.04	774.81	8126.19	834.011	8277.46	950.77
(by type)	$\phi^{(2)}$	10100.9	1064.83	10242.01	955.878	10350.20	1185.27
	$\phi^{(3)}$	13333.2	1640.18	12697.25	1426.40	12533.69	1685.92

- – Conjecture: If allowed daily or weekly decision, would get:
  - \* Naives fit much better than sophisticates
  - \*  $\beta$  much closer to 1
  - \*  $\phi$  much smaller

- Example 2. Shui and Ausubel (2005) → Estimate Ausubel (1999)
  - \* Cost  $k$  of switching from credit card to credit card
  - \* Again: Assumption that can switch only every quarter
  - \* Results of estimates (again):
    - Quite low  $\beta$
    - Naives do not do better than sophisticates
    - Very high switching costs

Table 4: Estimated Parameters <sup>a</sup>

	Sophisticated Hyperbolic	Naive Hyperbolic	Exponential
$\beta$	0.7863 (0.00192)	0.8172 (0.003)	
$\delta$	0.9999 (0.00201)	0.9999 (0.0017)	0.9999 (0.00272)
$k$	0.02927 \$293 (0.00127)	0.0326 \$326 (0.00139)	0.1722 \$1,722 (0.0155)

- **Error 3. Present-Bias over Money**

- ‘We offer the choice between \$10 today and \$15 in a week’
- Experiments supporting  $(\beta, \delta)$  usually of the above type (from Ainslie, 1956 to Benhabib, Bisin, and Schotter, 2006)
- BUT: Discounting applies to consumption, not income (Mulligan, 1999):

$$U_0 = u(c_0) + \beta\delta Eu(c_1) + \beta\delta^2 Eu(c_2)$$

- Assume that individual consume the \$10 in the future  $\rightarrow$  Then the choice is between
  - \*  $u(10)$
  - \*  $\beta\delta Eu(15)$
- Credit constraints  $\rightarrow$  Consume immediately, remove this problem to good extent (but confound with another problem)
- In addition: Uncertainty over future shocks, not in present

- Ideally: Do experiments with goods to be consumed right away:
  - \* Low- and High-brow movies (Read and Loewenstein, 1995)
  - \* Squirts of juice for thirsty subjects (McClure et al., 2005)
- Same problem applies to models
  - \* Notice: Transaction costs of switching  $k$  in above models are real effort, apply immediately
  - \* Effort cost  $c$  of attending gym also ‘real’ (not monetary)
  - \* Consumption-Savings models: Utility function of consumption  $c$ , not income  $I$

- **Error 4. Getting the Intertemporal Payoff Wrong**

- ‘Costs are in the present, benefits are in the future’
- $(\beta, \delta)$  models very sensitive to timing of payoffs
- Sometimes, can easily turn investment good into leisure good
- Need to have strong intuition on timing
- Example: Carrillo (1999) on nuclear plants as leisure goods
  - \* Immediate benefits of energy
  - \* Delayed cost to environment
- BUT: ‘Immediate’ benefits come after 10 years of construction costs!



## 6 Next Lecture

- Finish Discussion of Present Bias
  - Investment Good: Fertilizer
  - A brief overview of the rest of the literature
- Reference-Dependence Preferences
  - Introduction
  - Endowment Effect
  - Methodology: Effect of Experience
  - Insurance Choices