## Econ 219B

Psychology and Economics: Applications
(Lecture 3)

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Outline

1. Investment Goods: Health-Club Industry
2. Leisure Goods: Credit Card Industry
3. Leisure Goods: Consumption and Savings

## 1 Investment Goods: Health-club industry

- DellaVigna, Malmendier, "Paying Not To Go To The Gym"
- Exercise as an investment good
- Present-Bias: Temptation not to attend


## Choice of flat-rate vs. per-visit contract

- Contractual elements: Per visit fee $p$, Lump-sum periodic fee $L$
- Menu of contracts
- Flat-rate contract: $L>0, p=0$
- Pay-per-visit contract: $L=0, p>0$
- Health club attendance
- Immediate cost $c_{t}$
- Delayed health benefit $h>0$
- Uncertainty: $c_{t} \sim G, c_{t}$ i.i.d. $\forall t$.


## Attendance decision.

- Long-run plans at time 0 :

Attend at $t \Longleftrightarrow \beta \delta^{t}\left(-p-c_{t}+\delta h\right)>0 \Longleftrightarrow c_{t}<\delta h-p$.

- Actual attendance decision at $t \geq 1$ :

Attend at $t \Longleftrightarrow-p-c_{t}+\beta \delta h>0 \Longleftrightarrow c_{t}<\beta \delta h-p$. (Time Incons.) Actual $P($ attend $)=G(\beta \delta h-p)$

- Forecast at $t=0$ of attendance at $t \geq 1$ :

Attend at $t \Longleftrightarrow-p-c_{t}+\hat{\beta} \delta h>0 \Longleftrightarrow c_{t}<\hat{\beta} \delta h-p$. (Naiveté)
Forecasted $P($ attend $)=G(\hat{\beta} \delta h-p)$

## Choice of contracts at enrollment

Proposition 1. If an agent chooses the flat-rate contract over the pay-per-visit contract, then

$$
\begin{aligned}
a(T) L \leq & p T G(\beta \delta h) \\
+ & (1-\hat{\beta}) \delta b T(G(\hat{\beta} \delta h)-G(\hat{\beta} \delta h-p)) \\
+ & p T(G(\hat{\beta} \delta h)-G(\beta \delta h))
\end{aligned}
$$

## Intuition:

1. Exponentials $(\beta=\hat{\beta}=1)$ pay at most $p$ per expected visit.
2. Hyperbolic agents may pay more than $p$ per visit.
(a) Sophisticates $(\beta=\hat{\beta}<1)$ pay for commitment device $(p=0)$. Align actual and desired attendance.
(b) Naïves $(\beta<\hat{\beta}=1)$ overestimate usage.

- Estimate average attendance and price per attendance in flat-rate contracts

Table 3-Price per Average Attendance at Enrollment

|  | Sample: No subsidy, all clubs |  |  |
| :---: | :---: | :---: | :---: |
|  | Average price per month (1) | Average attendance per month <br> (2) | Average price per average attendance (3) |
|  | Users initially enrolled with a monthly contract |  |  |
| Month 1 | $\begin{gathered} 55.23 \\ (0.80) \\ N=829 \end{gathered}$ | $\begin{gathered} 3.45 \\ (0.13) \\ N=829 \end{gathered}$ | $\begin{gathered} 16.01 \\ (0.66) \\ N=829 \end{gathered}$ |
| Month 2 | $\begin{gathered} 80.65 \\ (0.45) \\ N=758 \end{gathered}$ | $\begin{gathered} 5.46 \\ (0.19) \\ N=758 \end{gathered}$ | $\begin{gathered} 14.76 \\ (0.52) \\ N=758 \end{gathered}$ |
| Month 3 | $\begin{gathered} 70.18 \\ (1.05) \\ N=753 \end{gathered}$ | $\begin{gathered} 4.89 \\ (0.18) \\ N=753 \end{gathered}$ | $\begin{gathered} 14.34 \\ (0.58) \\ N=753 \end{gathered}$ |
| Month 4 | $\begin{gathered} 81.79 \\ (0.26) \\ N=728 \end{gathered}$ | $\begin{gathered} 4.57 \\ (0.19) \\ N=728 \end{gathered}$ | $\begin{gathered} 17.89 \\ (0.75) \\ N=728 \end{gathered}$ |
| Month 5 | $\begin{gathered} 81.93 \\ (0.25) \\ N=701 \end{gathered}$ | $\begin{gathered} 4.42 \\ (0.19) \\ N=701 \end{gathered}$ | $\begin{gathered} 18.53 \\ (0.80) \\ N=701 \end{gathered}$ |
| Month 6 | $\begin{gathered} 81.94 \\ (0.29) \\ N=607 \end{gathered}$ | $\begin{gathered} 4.32 \\ (0.19) \\ N=607 \end{gathered}$ | $\begin{gathered} 18.95 \\ (0.84) \\ N=607 \end{gathered}$ |
| Months 1 to 6 | $\begin{gathered} 75.26 \\ (0.27) \\ N=866 \end{gathered}$ | $\begin{gathered} 4.36 \\ (0.14) \\ N=866 \end{gathered}$ | $\begin{gathered} 17.27 \\ (0.54) \\ N=866 \end{gathered}$ |

Users initially enrolled with an annual contract, who joined at least 14 months before the end of sample period

| Year 1 | 66.32 | 4.36 | 15.22 |
| :---: | :---: | :---: | :---: |
|  | $(0.37)$ | $(0.36)$ | $(1.25)$ |
|  | $N=145$ | $N=145$ | $N=145$ |

- Result is not due to small number of outliers
- 80 percent of people would be better off in pay-per-visit

Table 4-Distribution of Attendance and Price per Attendance at Enrollment

|  | Sample: No subsidy, all clubs |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | First contract monthly, months 1-6 (monthly fee $\geq \$ 70$ ) |  | $\begin{gathered} \text { First contract annual, } \\ \text { year } 1 \\ \text { (annual fee } \geq \$ 700 \text { ) } \end{gathered}$ |  |
|  | Average attendance per month <br> (1) | Price per attendance <br> (2) | Average attendance per month (3) | Price per attendance <br> (4) |
| Distribution of measures |  |  |  |  |
| 10th percentile | 0.24 | 7.73 | 0.20 | 5.98 |
| 20th percentile | 0.80 | 10.18 | 0.80 | 8.81 |
| 25 th percentile | 1.19 | 11.48 | 1.08 | 11.27 |
| Median | 3.50 | 21.89 | 3.46 | 19.63 |
| 75 th percentile | 6.50 | 63.75 | 6.08 | 63.06 |
| 90th percentile | 9.72 | 121.73 | 10.86 | 113.85 |
| 95 th percentile | 11.78 | 201.10 | 13.16 | 294.51 |
|  | $N=866$ | $N=866$ | $N=145$ | $N=145$ |

## Choice of contracts over time

- Choice at enrollment explained by sophistication or naiveté
- And over time? We expect some switching to payment per visit
- Annual contract. Switching after 12 months

- Monthly contract. No evidence of selective switching
B. Price per average attendance
(Monthly contracts with monthly fee $\geq \$ 70$ )

- Puzzle. Why the different behavior?
- Simple Explanation - Again the power of defaults
- Switching out in monthly contract takes active effort
- Switching out in annual contract is default
- Can model this as we did last time with cost $k$ of effort and benefit $b$ (lower fees)
- In DellaVigna and Malmendier (2006), model with stochastic cost $k^{\sim} N(15,4)$
- Assume $\delta=.9995$ and $b=\$ 1$ (low attendance - save $\$ 1$ per day)
- How may days on average would it take between last attendance and contract termination? Observed: 2.31 months


## - Calibration for different $\beta$ and different types


A. Simulated expected number of days before a monthly member switches to payment per visit Assumptions: cost $k \sim N(15,4)$, daily savings $s=1$, and daily discount factor delta $=0.9995$. The observed average delay is 2.31 months (70 days) (Finding 4)

- Overall:
- Present-Biased preferences with naiveté organize all the facts
- Can explain magnitudes, not just qualitative patterns
- Alternative interpretations
- Overestimation of future efficiency.
- Selection effect. People that sign in gyms are already not the worst procrastinators
- Bounded rationality
- Persuasion
- Memory


## 2 Leisure Goods: Credit card industry

- Ausubel, "Adverse Selection in Credit Card Market"
- Joint-venture company-researcher
- Field Experiment: Randomized mailing of two million solicitations!
- Follow borrowing behavior for 21 months
- Variation of:
- pre-teaser interest rate $r_{0}: 4.9 \%$ to $7.9 \%$
- post-teaser interest rate $r_{1}$ : Standard - 4\% to Standard $+4 \%$
- Duration of teaser period $T_{s}$ (measured in years)
- Part of the randomization - Incredible sample sizes. How much would this cost to run? Millions

| TABLE 1: SUMMARY OF MARKET EXPERIMENTS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} \text { MARKET } \\ \text { EXPERIMENT } \end{gathered}$ | MARKET CELL | NUMBER OF SOLICITATIONS MAILED | EFFECTIVE RESPONSE RATE | $\begin{aligned} & \text { PERCENT } \\ & \text { GOLD } \\ & \text { CARDS } \end{aligned}$ | AVERAGE CREDIT LIMIT |
| MKT EXP I | A: 4.9\% Intro Rate 6 months | 100,000 | 1.073\% | 83.97\% | \$6,446 |
| MKT EXP I | B: 5.9\% Intro Rate 6 months | 100,000 | 0.903\% | 80.18\% | \$6,207 |
| MKT EXP I | C: $6.9 \%$ Intro Rate 6 months | 100,000 | 0.687\% | 80.06\% | \$5,973 |
| MKT EXP I | D: 7.9\% Intro Rate 6 months | 100,000 | 0.645\% | 76.74\% | \$5,827 |
| MKT EXP I | E: 6.9\% Intro Rate 9 months | 100,000 | 0.992\% | 81.15\% | \$6,279 |
| MKT EXP I | F: 7.9\% Intro Rate 12 months | 100,000 | 0.944\% | 82.31\% | \$6,296 |

- Setting:
- Credit card offers: $\left(r_{0}, r_{1}, T_{s}\right)$
- Individual has initial credit card $\left(r_{0}^{0}, r_{1}^{0}, T_{s}^{0}\right)$. Balances: $b_{0}$ pre-teaser, $b_{1}$ post-teaser
- Decision to take-up new credit card:
- switching cost $k>0$
- approx. saving in pre-teaser interest rates ( $T_{s}$ years): $b_{0}=T_{s}\left(r_{0}^{0}-r_{0}\right) b_{0}$
- approx. saving in post-teaser interest rates $\left(2-T_{s}\right.$ years): $b_{1}=$ $\left(2-T_{s}\right)\left(r_{1}^{0}-r_{1}\right) b_{1}$
- Net benefit of switching:

$$
N B=-k+T_{s}\left(r_{0}^{0}-r_{0}\right) b_{0}+\left(2-T_{s}\right)\left(r_{1}^{0}-r_{1}\right) b_{1}
$$

- Compare cards $A$ and $B$ that differ only in interest rates $r_{0}^{A}$ and $r_{0}^{B}$
- Assume $b_{0}^{A}=b_{0}^{B}=b_{0}$
- Difference in attractiveness:

$$
N B^{B}-N B^{A}=T_{s}\left(r_{0}^{A}-r_{0}^{B}\right) b_{0}
$$

- Compare cards $A$ and $C$ that differ only in interest rates $r_{1}^{A}$ and $r_{1}^{C}$
- Assume $b_{1}^{A}=b_{1}^{C}=b_{1}$
- Difference in attractiveness:

$$
N B^{C}-N B^{A}=\left(2-T_{s}\right)\left(r_{1}^{A}-r_{1}^{C}\right) b_{1}
$$

- Compute $N B^{C}-N B^{A}$ and $N B^{B}-N B^{A}$ using $\hat{b}_{0}, \hat{b}_{1}, r_{0}, r_{1}$
- Switch if $N B+\varepsilon>0$
- Take-up rate $R$ is function of attractiveness $N B$ :

$$
R=R(N B), R^{\prime}>0
$$

- Assume $R$ (approximately) linear in a neighborhood of $N B^{A}$, that is,

$$
R(N B)=R\left(N B^{A}\right)+R_{N B}^{\prime}\left(N B-N B^{A}\right)
$$

- Plot $N B$ and $R$ for different offers
- Figure 1. Compare offers varying in $r_{0}$ (flat line) and in $r_{1}$ (steep line)

- Very different slope!
- Figure 2. Vary length of teaser period. Similar findings.

- Introductory Interest Rate - Duration $(6.9 \%$ Intro $) \Longrightarrow$ Duration $(7.9 \%$ Intro $)$
- Figure 1. People underrespond to post-teaser interest rate.
- Why?
- truncation at 21 months?
- (very) high impatience?
- sophistication?
- most plausible: naiveté
- Naive time-inconsistent preferences
- Naives overestimate switching to another card (procrastination)
- Naives underestimate post-teaser borrowing: $b_{1}>\hat{b}_{1}$ and $b_{0}=\hat{b}_{0}$
- Compare cards:

$$
N B^{B}-N B^{A}=T_{s}\left(r_{0}^{A}-r_{0}^{B}\right) b_{0}
$$

and

$$
N B^{C}-N B^{A}=\left(2-T_{s}\right)\left(r_{1}^{A}-r_{1}^{C}\right) \hat{b}_{1}
$$

- Underestimate impact of post-teaser interest rates
- Calibration: $\hat{b}_{1} \approx(1 / 3) b_{1}$
- Figure 2. Variation in $T_{s}$. People underrespond to length of teaser period
- Why?
- Naive agent overestimates probability of switching to another teaser offer


## 3 Leisure Goods: Consumption and Savings

- Laibson (1997) to Laibson, Repetto, and Tobacman (2005)
- Leisure Good: Temptation to overconsume at present
- Stylized facts:
- low liquid wealth accumulation
- substantial iliquid wealth (housing+401(k)s)
- extensive credit card borrowing (SCF, Fed, Gross and Souleles 2000)
- consumption-income excess comovement (Hall and Mishkin, 1982)

TABLE 1
SECOND-STAGE MOMENTS

| Description and Name | $\bar{m}_{J_{m}}$ | $\operatorname{se}\left(\bar{m} J_{m}\right)$ |
| :--- | :---: | :---: |
| \% Borrowing on Visa: "\% Visa" | 0.678 | 0.015 |
| Mean (Borrowing $/$ mean(Income t$)$ ): "mean Visa" | 0.117 | 0.009 |
| Consumption-Income Comovement: "CY" | 0.231 | 0.112 |
| Average weighted $\frac{\text { wealth }}{\text { income }: ~ " w e a l t h " ~}$ | 2.60 | 0.13 |

Source: Authors' calculations based on data from the Survey of Consumer Finances, the Federal Reserve, and the Panel Study on Income Dynamics. Calculations pertain to households with heads who have high school diplomas but not college degrees. The variables are defined as follows: \% Visa is the fraction of U.S. households borrowing and paying interest on credit cards (SCF 1995 and 1998); mean Visa is the average amount of credit card debt as a fraction of the mean income for the age group (SCF 1995 and 1998, weighted by Fed aggregates); $C Y$ is the marginal propensity to consume out of anticipated changes in income (PSID 1978-92); and wealth is the weighted average wealth-to-income ratio for households with heads aged 50-59 (SCF 1983-1998).

- Structural model (building on Gourinchas and Parker, 2002) with:
- borrowing constraints
- illiquid assets
- realistic features of the economy
- Estimation using Method of Simulated Moments
- Simulate model (cannot solve analytically)
- Compare simulate moments to estimated moments
- (David Laibson's Slides follow)


## 3 Model

- We use simulation framework
- Institutionally rich environment, e.g., with income uncertainty and liquidity constraints
- Literature pioneered by Carroll $(1992,1997)$, Deaton (1991), and Zeldes (1989)
- Gourinchas and Parker (2001) use method of simulated moments (MSM) to estimate a structural model of life-cycle consumption


### 3.1 Demographics

- Mortality, Retirement (PSID), Dependents (PSID), HS educational group
3.2 Income from transfers and wages
- $Y_{t}=$ after-tax labor and bequest income plus govt transfers (assumed exog., calibrated from PSID)
- $y_{t} \equiv \ln \left(Y_{t}\right)$. During working life:

$$
\begin{equation*}
y_{t}=f^{W}(t)+u_{t}+\nu_{t}^{W} \tag{3}
\end{equation*}
$$

- During retirement:

$$
\begin{equation*}
y_{t}=f^{R}(t)+\nu_{t}^{R} \tag{4}
\end{equation*}
$$

### 3.3 Liquid assets and non-collateralized debt

- $X_{t}+Y_{t}$ represents liquid asset holdings at the beginning of period $t$.
- Credit limit: $X_{t} \geq-\lambda \cdot \bar{Y}_{t}$
- $\lambda=.30$, so average credit limit is approximately $\$ 8,000$ (SCF).


### 3.4 Illiquid assets

- $Z_{t}$ represents illiquid asset holdings at age $t$.
- $Z$ bounded below by zero.
- $Z$ generates consumption flows each period of $\gamma Z$.
- Conceive of $Z$ as having some of the properties of home equity.
- Disallow withdrawals from $Z ; Z$ is perfectly illiquid.
- $Z$ stylized to preserve computational tractability.


### 3.5 Dynamics

- Let $I_{t}^{X}$ and $I_{t}^{Z}$ represent net investment into assets $X$ and $Z$ during period $t$
- Dynamic budget constraints:

$$
\begin{aligned}
X_{t+1} & =R^{X} \cdot\left(X_{t}+I_{t}^{X}\right) \\
Z_{t+1} & =R^{Z} \cdot\left(Z_{t}+I_{t}^{Z}\right) \\
C_{t} & =Y_{t}-I_{t}^{X}-I_{t}^{Z}
\end{aligned}
$$

- Interest rates:

$$
R^{X}=\left\{\begin{array}{lll}
R^{C C} & \text { if } & X_{t}+I_{t}^{X}<0 \\
R & \text { if } & X_{t}+I_{t}^{X}>0
\end{array} ; \quad R^{Z}=1\right.
$$

- Three assumptions for $\left[R^{X}, \gamma, R^{C C}\right]$ :

Benchmark:
Aggressive:
Very Aggressive:
[1.0375, 0.05, 1.1175]
[1.03, 0.06, 1.10]
[1.02, 0.07, 1.09]

In full detail, self $t$ has instantaneous payoff function

$$
u\left(C_{t}, Z_{t}, n_{t}\right)=n_{t} \cdot \frac{\left(\frac{C_{t}+\gamma Z_{t}}{n_{t}}\right)^{1-\rho}-1}{1-\rho}
$$

and continuation payoffs given by:

$$
\begin{aligned}
& \beta \sum_{i=1}^{T+N-t} \delta^{i}\left(\Pi_{j=1}^{i-1} s_{t+j}\right)\left(s_{t+i}\right) \cdot u\left(C_{t+i}, Z_{t+i}, n_{t+i}\right) \ldots \\
& +\beta \sum_{i=1}^{T+N-t} \delta^{i}\left(\Pi_{j=1}^{i-1} s_{t+j}\right)\left(1-s_{t+i}\right) \cdot B\left(X_{t+i}, Z_{t+i}\right)
\end{aligned}
$$

- $n_{t}$ is effective household size: adults+(.4)(kids)
- $\gamma Z_{t}$ represents real after-tax net consumption flow
- $s_{t+1}$ is survival probability
- $B(\cdot)$ represents the payoff in the death state


### 3.7 Computation

- Dynamic problem:

$$
\begin{aligned}
& \max _{I_{t}^{X}, I_{t}^{Z}} \quad u\left(C_{t}, Z_{t}, n_{t}\right)+\beta \delta E_{t} V_{t, t+1}\left(\Lambda_{t+1}\right) \\
& \text { s.t. Budget constraints }
\end{aligned}
$$

- $\wedge_{t}=\left(X_{t}+Y_{t}, Z_{t}, u_{t}\right)$ (state variables)
- Functional Equation:

$$
\begin{aligned}
& V_{t-1, t}\left(\Lambda_{t}\right)= \\
& \left\{s_{t}\left[u\left(C_{t}, Z_{t}, n_{t}\right)+\delta E_{t} V_{t, t+1}\left(\Lambda_{t+1}\right)\right]+\left(1-s_{t}\right) E_{t} B\left(\Lambda_{t}\right)\right\}
\end{aligned}
$$

- Solve for eq strategies using backwards induction
- Simulate behavior
- Calculate descriptive moments of consumer behavior


## 4 Estimation

Estimate parameter vector $\theta$ and evaluate models wrt data.

- $m_{e}=\mathrm{N}$ empirical moments, VCV matrix $=\Omega$
- $m_{s}(\theta)=$ analogous simulated moments
- $q(\theta) \equiv\left(m_{s}(\theta)-m_{e}\right) \Omega^{-1}\left(m_{s}(\theta)-m_{e}\right)^{\prime}$, a scalarvalued loss function
- Minimize loss function: $\hat{\theta}=\arg \min _{\theta} q(\theta)$
- $\hat{\theta}$ is the MSM estimator.
- Pakes and Pollard (1989) prove asymptotic consistency and normality.
- Specification tests: $q(\hat{\theta}) \sim \chi^{2}(N-\#$ parameter $s)$

TABLE 3
BENCHMARK STRUCTURAL ESTIMATION RESULTS

|  | (1) | (2) | (3) | (4) | (5) |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Hyperbolic | Exponential | Hyperbolic Optimal Wts | Exponential Optimal Wts | Data |
| Parameter estimates $\hat{\theta}$ |  |  |  |  |  |
| $\hat{\beta}$ | 0.7031 | 1.0000 | 0.7150 | 1.0000 | - |
| s.e. (i) | (0.1093) | - | (0.0948) | - | - |
| s.e. (ii) | (0.1090) | - | - | - | - |
| s.e. (iii) | (0.0170) | - | - | - | - |
| s.e. (iv) | (0.0150) | - | - | - | - |
| $\hat{\delta}$ | 0.9580 | 0.8459 | 0.9603 | 0.9419 | - |
| s.e. (i) | (0.0068) | (0.0249) | (0.0081) | (0.0132) | - |
| s.e. (ii) | (0.0068) | (0.0247) | - | - | - |
| s.e. (iii) | (0.0010) | (0.0062) | - | - | - |
| s.e. (iv) | (0.0009) | (0.0056) | - | - | - |
| Second-stage moments |  |  |  |  |  |
| \% Visa | 0.634 | 0.669 | 0.613 | 0.284 | 0.678 |
| mean Visa | 0.167 | 0.150 | 0.159 | 0.049 | 0.117 |
| CY | 0.314 | 0.293 | 0.269 | 0.074 | 0.231 |
| wealth | 2.69 | -0.05 | 3.22 | 2.81 | 2.60 |
| Goodness-of-fit |  |  |  |  |  |
| $q(\hat{\theta}, \hat{\chi})$ | 67.2 | 436 | 2.48 | 34.4 | - |
| $\xi(\hat{\theta}, \hat{\chi})$ | 3.01 | 217 | 8.91 | 258.7 | - |
| $p$-value | 0.222 | $<1 \mathrm{e}-10$ | 0.0116 | $<2 \mathrm{e}-7$ | - |

Source: Authors' calculations.
Note on standard errors: (i) includes both the first stage correction and the simulation correction, (ii) includes just the first stage correction, (iii) includes just the simulation correction, and (iv) includes neither correction.

TABLE 4
ROBUSTNESS


Figure 1: $q$ versus beta and delta


Figure 1: This figure plots the MSM objective function with respect to beta and delta under the paper's benchmark assumptions. The objective, $q$, equals a weighted sum of squared deviations of the empirical moments from the moments predicted by the model. Lower values of $q$ represent a better fit of the model, and the (beta.delta) pair that minimizes $a$ is the MSM estimator.

## 4 Next Lecture

- Finish discussion of Present Bias
- Ashraf et al. (2006) paper
- A brief overview of the rest of the literature
- Reference-Dependence Preferences
- Introduction
- Endowment Effect / Effect of Experience
- Financial markets: Disposition Effect

