

**HEALTH DYNAMICS AND THE EVOLUTION OF HEALTH INEQUALITY OVER THE LIFE COURSE:  
THE IMPORTANCE OF NEIGHBORHOOD AND FAMILY BACKGROUND**

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October 2007

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# **HEALTH DYNAMICS AND THE EVOLUTION OF HEALTH INEQUALITY OVER THE LIFE COURSE: THE IMPORTANCE OF NEIGHBORHOOD AND FAMILY BACKGROUND**

## **ABSTRACT**

Most analyses of health disparities are cross-sectional and do not examine the dynamics of health inequality from a life course perspective. In this paper, we analyze health dynamics and the evolution of health inequality over the life course, and investigate the importance of neighborhood and family background. Using a nationally representative longitudinal sample of siblings and neighbors, we estimate sibling and child neighbor correlations in both adult health and economic status and examine their interrelationship. Estimates of sibling and child neighbor correlations in health are used to bound the proportion of inequality in health status in early adulthood through mid life that is attributable to family and neighborhood background. Estimates based on four-level hierarchical random effects models consistently show a significant scope for both family and neighborhood background.

The results imply substantial persistence in health status across generations that are linked in part to low intergenerational economic mobility. We find that sibling correlations are large throughout at least the first 30 years of adulthood: the brother correlation in general health status is roughly 0.66—suggesting that 2/3 of adult health disparities may be attributable to family and neighborhood background. We also find childhood neighbor correlations in adult health that are substantial among men (net of the similarity arising from similar observable family characteristics). Our estimates suggest that disparities in neighborhood background account for between one-third and 40 percent of the variation in health status among men in mid life. Moreover, the similarity in childhood neighbors' subsequent economic status in adulthood can account for the lion's share of the resemblance in childhood neighbors' subsequent health outcomes in adulthood (though the direction of causality cannot be disentangled). Our estimates of childhood neighbor correlations in (the permanent component of) adult earnings average 0.45 during men's 30s and 40s. These estimates are significantly larger than the previous estimates of Page and Solon (2003) which were evaluated at earlier points in the life cycle.

We attempt to explain the level and interesting life-cycle patterns of sibling and childhood neighbor correlations in health using a rich array of detailed observable neighborhood and family background characteristics. Our analysis of the intertemporal character of health inequality provides insights into the extent and nature of feedbacks between disparities in health and disparities in socioeconomic status over the life cycle.

The results indicate that neighborhood poverty during childhood has significant deleterious impacts on adult health. To probe the robustness of a causal inference, we use a novel empirical approach, recently proposed by Altonji et al. (2005), to gauge how sensitive estimates of the effects of neighborhood poverty are to selection on unobserved variables. We find that even a large amount of selection on unobservable factors does not completely eliminate the significant effect of child neighborhood poverty on health status later in life.

## **I. INTRODUCTION**

Persistent residential segregation of poor and minority populations has spurred a growing body of literature that investigates the effects of community background on a variety of socioeconomic outcomes. However, the effects of the physical and socioeconomic neighborhood on health outcomes have been relatively unexplored. Analyses of health disparities have focused largely on individual and family-level determinants of health outcomes.

At the same time, the studies that have examined neighborhood differences in health status demonstrate that health outcomes do in fact exhibit a distinctive spatial pattern that mirrors the spatial pattern of physical and socioeconomic disadvantage (e.g., Geronimus et al, 2001; Morenoff, forthcoming; Morenoff and Lynch, 2002; Skinner et al, 2002; Chandra and Skinner, 2003). The similarity of these geographic patterns motivates our investigation into the potential causal effects of neighborhood context on health status.

A primary goal of this paper is to improve our understanding of how and why individual, family, and neighborhood factors produce and reproduce poor health. The principal impact of parents on their children is shaped in the childhood years. In order to understand how childhood disadvantage transmits itself into adulthood, we must separate the effects of neighborhood background from parental factors or genetic factors.

Most analyses of health disparities are cross-sectional and do not examine the dynamics of health inequality from a life course perspective. Do those who are born into disadvantaged neighborhood and family backgrounds persistently have worse health over their lifetime? Or, is the economic mobility process in the U.S. fluid enough to enable those from less advantaged backgrounds to achieve relatively good health and better economic status in adulthood? Answers to these questions are at the center of assessing the structure of opportunity in the U.S.,

and are particularly pertinent for the analysis of inequality in quality of life over the life course. In this paper, we analyze health dynamics and the evolution of health inequality over the life course, and investigate the importance of neighborhood and family background.

The typical analytical approach used in neighborhood studies is to regress individual level outcomes such as education, criminal activity, or health on neighborhood-level factors such as census tract mean income, poverty rates, or rates of single motherhood. But attempts to estimate causal effects of neighborhood context have faced well-documented challenges of endogeneity (Manski, 1993) and of obtaining accurate measures of neighborhood factors. Few studies have used convincing identification strategies to overcome these challenges, exceptions being experimental evaluations such as Katz, Kling, Liebman (2001) and Leventhal & Brooks-Gunn (2001).

In this paper we take a different approach that largely side-steps these challenges by exploiting a unique feature of the Panel Study of Income Dynamics (PSID). Specifically, the initial PSID sample in 1968 was highly clustered, allowing us to compare the similarity in adulthood health between siblings who grew up together, versus unrelated individuals who grew up in the same narrowly defined neighborhood. We use correlations between neighboring children's subsequent health in adulthood to bound the proportion of inequality in health outcomes that can be attributed to disparities in neighborhood background. Small neighbor correlations would indicate that community origins can explain only a minor portion of the variation in health outcomes. Large neighbor correlations would leave open the possibility that neighborhoods contribute significantly to inequality in health outcomes, and further analyses of the effects of particular neighborhood characteristics would be warranted.

The results imply substantial persistence in health status across generations that are linked in part to low intergenerational economic mobility. We find that sibling correlations are large throughout at least the first 30 years of adulthood: the brother correlation in general health status is roughly 0.66—suggesting that 2/3 of adult health disparities may be attributable to family and neighborhood background. We also find childhood neighbor correlations in adult health that are substantial among men (net of the similarity arising from similar observable family characteristics). Our estimates suggest that disparities in neighborhood background account for between one-third and 40 percent of the variation in health status among men in mid life. Moreover, the similarity in childhood neighbors' subsequent economic status in adulthood can account for the lion's share of the resemblance in childhood neighbors' subsequent health outcomes in adulthood (though the direction of causality cannot be disentangled). Johnson's (2007) estimates of childhood neighbor correlations in (the permanent component of) adult earnings average 0.45 during men's 30s and 40s. These estimates are significantly larger than the previous estimates of Page and Solon (2003) which were evaluated at earlier points in the life cycle.

We attempt to explain the level and interesting life-cycle patterns of sibling and childhood neighbor correlations in health using a rich array of detailed observable neighborhood and family background characteristics. Our analysis of the intertemporal character of health inequality provides insights into the extent and nature of feedbacks between disparities in health and disparities in socioeconomic status over the life cycle.

The results indicate that neighborhood poverty during childhood has significant deleterious impacts on adult health. To probe the robustness of a causal inference, we use a novel empirical approach, recently proposed by Altonji et al. (2005), to gauge how sensitive

estimates of the effects of neighborhood poverty are to selection on unobserved variables. We find that even a large amount of selection on unobservable factors does not completely eliminate the significant effect of child neighborhood poverty on health status later in life. The ratio of selection on unobservables to selection on observables would have to exceed 80% in order for one to attribute the entire effect of neighborhood poverty to selection bias.

The remainder of the paper is organized in the following way. We begin with a discussion of how neighborhood and family background may affect an individual's health trajectory in adulthood. We describe an economic model of health that incorporates the influence of neighborhood factors. The model provides our theoretical framework, highlights the relevant theoretical issues, and motivates the empirical analyses to follow. Section III lays out the methodological challenges in estimating neighborhood effects. The data are described in section IV. Sections V and VI discuss the econometric model and estimation methods, respectively. The results are presented in section VII, with concluding statements provided in the final section.

## **II. WHY MIGHT NEIGHBORHOOD AND FAMILY BACKGROUND MATTER?**

Family background can have direct effects on health status over the life course through several mechanisms. Transmission of genetic traits from parents to children clearly plays an important role. Parental socio-economic and demographic factors most likely influence children's health status (Case, Lubotsky, and Paxson, 2002), which in turn carries through to health in adulthood. The transmission of health lifestyle orientation – eating habits, and exercise and smoking behaviors, for example – across generations may also translate into disparities in adult health.

Similarly, it has been hypothesized that neighborhood background can have direct effects on health. Childhood neighborhood factors such as water and air quality, sanitation, pollution and environmental toxins, crime, health care and social services, and public schools most likely have some influence on childhood health. Health lifestyle orientation may also have a neighborhood component as well, with peer groups and role models within communities or neighborhoods influencing children's opportunities and preferences (Johnson, 2007).

Perhaps equally or more importantly for health dynamics, neighborhood and family background may have indirect effects on health over the life course through their effects on the socioeconomic mobility process. The degree of socioeconomic mobility has direct implications on the resemblance of an individual's childhood and adulthood family characteristics, such as income and education, which may in turn affect health. Since economic status is a major determinant of residential choice, persistence in economic status is likely to lead to persistence in neighborhood quality as well; that is, the lower economic mobility is, the greater the correlation between childhood and adulthood neighborhood characteristics.

*Theoretical Framework/Considerations.* We briefly describe a simple two-period overlapping generations model of the transmission of health and economic status from parents to children to motivate the empirical analyses that follow. The discussion of the model adopts a simplified version of the basic framework of Becker and Tomes (1986).

Some children have an advantage because they are born into families with favorable genetic attributes, which we will refer to as the endowment component. Assume endowments are only partially inherited and parents cannot control endowment transmission, but can influence the adult human capital of their children through investment expenditures on their health, learning, and motivation. For example, while the child is in uterine, the mother can invest

in prenatal care or refrain from smoking. In the model, the central role the parent plays in determining the well-being of their children is to guide the level and allocation of investment in the child until the child is sufficiently mature to make decisions for himself. Assume parents are altruistic toward their children in that their children's lifetime utility is a branch of the parents' utility function.

Individuals possess three types of capital in adulthood: health, education, and financial, with health and education comprising the two forms of human capital. Since much research demonstrates that investments during childhood are crucial to later development, we assume that the amount of education and health human capital in adulthood is proportional to the amount accumulated and preserved during childhood.

Assume children are born to one of two types of parents—rich or poor. Assume poor parents face credit constraints that prevent them from making worthwhile investments in the human capital of their children. One of these constraints, which will be one of the focal points of this research, is residential location choice. The formation of neighborhoods in this model is assumed to be the byproduct of economic segregation, which emerges because families prefer affluent neighbors for a variety of reasons, including their effect on the tax base and the positive role model influences that they produce. Due to residential segregation by income, assume that two types of neighborhoods exist—high- and low-income.

Adult health and economic status are determined by endowments inherited from parents, by own parental ( $p_i$ ) expenditures, by local public expenditures ( $s$ ) on amenities such as water and air quality, sanitation, pollution and environmental toxins, safety, quantity and quality of health care and social services, and public schools, and by neighbors' parental expenditures



( $p_{n(i)}$ ). This last factor arises from behavioral spillovers operating via peer group and role model effects, and the effects of social complementarities.

Assume two periods of life, childhood and adulthood, and that children are born with an initial health stock,  $H_0$ . The change in health stock over some period of time is determined by participation in health promoting activities and the influence of these activities on health, and the use of health stock. Following Case & Deaton (2003), the health evolution equation can be specified as:

$$H_{t+1} = \theta m_t + (1-\delta_t)H_t , \quad (1)$$

where  $m_t$  is the quantity purchased of medical care or other health promoting activities,  $\theta$  is the efficiency with which purchases create health, and  $\delta_t$  is the rate at which health deteriorates at age  $t$ . Neighborhood conditions may affect the efficiency of private health investment ( $\theta$ ) as well as the quantity and quality of  $m_t$ .

The rate at which health capital depreciates with age in childhood is partly a biological process over which people do not have control, but it is also affected by parental investments in the child and the quality of neighborhood environmental conditions. Parental investments in the child's health (e.g., medical care, nutritional diet, exercise equipment) and favorable neighborhood conditions during childhood produce more healthy time in adulthood. Assume health shocks experienced in early life alter the health production function in such a way that reduces the efficiency of health investment and increases the rate at which health deteriorates over time. This claim is consistent with recent empirical evidence on the long-term effects of early life events in the US (Johnson and Schoeni, 2006; Blackwell et al, 2001; Conley, 2000; Almond and Chay, 2003).

The rate of depreciation of the health stock increases with age and with the nature and intensity of use. The rate at which health capital depreciates with age in adulthood is partly a biological process, but it is also affected by the extent to which health capital is used in consumption and in work (Case & Deaton, 2003). As emphasized by Muurinen & Le Grand (1985), although all components of capital possessed by individuals—health, education, financial—are unequally distributed, the inequality in inherited health may be less than in other inherited stocks because of its distinctive, genetic component. As a result, the proportional share of health in total available capital is greater for individuals who are born from poorer families, and, because these components of human capital are to some extent substitutable, health capital will constitute a more important source of producing income ( $y_i(H_i)$ ) and enjoying leisure (Muurinen & Le Grand, 1985).

The degree of persistence in educational attainment and earnings across generations are determinants of the life course trajectory of health capital depreciation because it affects individual's opportunity sets with respect to living and working conditions in adulthood. For example, in an economically segregated environment with low intergenerational economic mobility, individuals born to poor, less-educated parents residing in low-income neighborhoods will be more likely to reach adulthood with insufficient levels of accumulated human capital to qualify for high-skilled jobs that are well paid and do not require manual labor. Thus, they will work disproportionately in physically demanding blue-collar occupations, which will increase the rate of decay of their health capital due to the greater intensity of use (Muurinen & Le Grand, 1985; Case & Deaton, 2003). Moreover, due to economic residential segregation, they will be more likely to live in low-income neighborhoods that are not supportive of good health (e.g., neighborhoods with high crime, pollution, poor health care system). Higher stress-related life

events that result from these living and work conditions are further exacerbated by an increased need to engage in consumption activities such as smoking and binge drinking that, while hazardous in the long-run, temporarily relieve day-to-day stress in the short-run.

Neighborhood conditions have an indirect effect on health through their effects on health behaviors (Johnson, 2003), as well as its more commonly cited direct effect on health through “weathering,” whereby the accumulated stress, lower environmental quality, and limited resources of poorer communities experienced over many years erodes the health of residents in ways that make them more vulnerable to mortality from any given disease (Geronimus, 1992).

### **III. METHODOLOGICAL CHALLENGES IN ESTIMATING NEIGHBORHOOD EFFECTS**

The primary methodological challenge in estimating the causal effects of neighborhoods on health status is that unobserved factors that affect health may also be correlated with neighborhood factors, leading to biased estimates of neighborhood effects. This can arise from the endogeneity of residential location. That is, individuals and families choose where they live based on the characteristics they value (Tiebout, 1956), although constraints such as racial discrimination and exclusionary zoning may be placed on that decision. In this context, families and individuals who care more about their health will be less likely to choose to live in an area with high crime, pollution, or a poor health care system. Furthermore, the set of complex and nuanced characteristics that influence neighborhood choices are not likely to be well measured and accounted for appropriately in econometric models. Oakes (2004) argues that the lack of attention to neighborhood selection and other identification issues implies their resulting estimates “will always be wrong” (p.1941).

However, economists have yet to make much ground on producing more convincing answers to the question. The question of whether and how neighborhood socioeconomic features

influence long-run health trajectories is particularly ill-suited for the typical methods by which microeconometricians solve endogeneity problems (e.g., instrumental variables and fixed effect approaches) for several reasons. First, most health outcomes are a product of cumulative exposures to advantaged/disadvantaged environments spanning decades or exhibit long latent periods before problems manifest. Therefore, the connection between current neighborhood and current health may say little about the overall influence of neighborhoods factors over the life cycle. As well, it may be important to conceptualize neighborhood effects as cumulative and variable over the life course as opposed to isolated and unchanging. Because most methods for overcoming endogenous neighborhood choice are based on small short-run changes in the neighborhood environment, these approaches might be limited to uncovering effects only for rapidly-responding intermediate outcomes such as health behaviors (e.g., smoking/drinking, exercise/diet). An additional issue is that neighborhood variables of the underlying neighborhood feature of interest are notoriously measured with a great deal of noise. The neighborhood attributes of interest change slowly over time, so most year-to-year variations in the characteristic measured are noise.

The most powerful way to address selection is through a randomized trial. But an experimental design where neighborhoods are randomly assigned is rare. A significant exception is the evaluation of the Move to Opportunity (MTO) program, where an experimental design is used to estimate the effects of offering housing assistance that allows individuals to move out of low-income, poor neighborhoods. Evidence from two sites – Boston and New York – demonstrates that MTO had beneficial effects on the health of children and adults (Katz, Kling, Liebman, 2002; Leventhal and Brooks-Gunn, 2002). This evidence is consistent with the claim

that neighborhood factors do in fact influence health status, at least in the short-run among poor families.

Among the studies that have tried to address endogeneity and self-selection using non-experimental methods, the most common approach is the use of instrumental variable techniques (e.g., Evans et al., 1992; Case and Katz, 1991; and McLanahan, 1996), where the exclusion restrictions are tenuous. An alternative non-experimental approach is comparing siblings who have been raised in different neighborhoods at different ages because their parents have moved (Aaronson, 1998; Plotnick and Hoffman, 1996). The key assumption is that the family effect is fixed, not time-varying. If, for example, families' preferences change as their children get older, and they become more interested in living in neighborhoods that are less risky for their children's health, then they might move to neighborhoods with less crime or pollution, which may in turn lead to better health outcomes for their kids. But if the underlying change in their preferences towards health outcomes not only caused them to change neighborhoods, but also to spend more time encouraging their children to practice good health behaviors such as eating healthily, exercising, and avoiding high crime areas, then the neighborhood "effect" might actually be representing all of these other factors and not the true causal effects of neighborhoods *per se*. Moreover, it is quite possible that sibling differences may aggravate the endogeneity problem, as has been discussed in the context of the labor market returns to schooling (Griliches, 1979; Bound and Solon, 1999).

Typical neighborhood studies also face the challenge of identifying and measuring relevant factors. The neighborhood qualities that may in fact matter may be hard to measure, or they may not be measured in enough spatial detail. This issue is analogous to the finding in the family background literature that sibling correlations in socioeconomic status far exceed what

has been explained by any particular measured aspects of the siblings' shared background (Corcoran, Jencks, and Olneck, 1976).

Instead of performing another regression analysis focused on particular neighborhood characteristics, in this paper we exploit a unique feature of the PSID and adopt an approach recently used by Solon et al (2000), Page and Solon (2003), and Duncan et al (2001) to examine the role of contextual factors on educational attainment, earnings, child achievement, and delinquency.<sup>1</sup> Specifically, the initial PSID sample in 1968 was highly clustered with most PSID families having several other sample families living on the same block. This survey design allows us to compare the similarity in early to mid adulthood health between siblings who grew up together, versus unrelated individuals who grew up in the same narrowly defined neighborhood. This approach avoids the difficulty of defining neighborhood quality and instead compares sibling correlations with neighbor correlations, placing an upper bound on the neighborhood influence and allowing a comparison of the relative sizes of neighborhood versus family effects.

There are four primary reasons why our approach may be able to detect neighborhood effects in ways previous studies have been unable. First, in contrast to the experimental evidence and previous observational studies, we are examining effects over a much longer time horizon. This is particularly important for most health outcomes, as there is likely a longer lag between poor neighborhood quality and the manifestation of health effects. Second, instead of focusing on contemporaneous neighborhood effects, we are analyzing the effects of neighborhood origins, which will include indirect effects operating via the economic mobility process as well as cumulative exposure to neighborhood conditions that may vary over the life cycle. Third, we use the census block as our definition of neighborhood, which comprises a much smaller geographic

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<sup>1</sup> The analysis of Duncan et al. (2001) focuses on adolescent outcomes using the Add-Health Survey data.

area than previous studies utilize. Finally, we use estimates of neighbor correlations as an omnibus measure of the potential effects of neighborhood quality (including unmeasured characteristics), rather than initially focusing the analysis on particular observable neighborhood attributes.

#### **IV. DATA**

The PSID began interviewing a national probability sample of families in 1968, and it has re-interviewed the members of those families every year since, with bi-annual interviewing beginning in 1997. Most importantly, when children of the 1968 PSID families became adults and left their parents' homes, these children were interviewed themselves in each year.

The PSID used a “cluster sample” when it started in 1968 in order to economize on interviewing costs. This design effect is typically a liability in statistical analyses because one has to account for non-independence across individuals within the same cluster. But for our purposes the clustering provides the unique opportunity to examine health and labor market outcomes for adults who were childhood neighbors in 1968. Moreover, because all 1968 children within a given family are followed throughout their lives, we can examine the similarity in both health and labor market outcomes over the life-course of siblings and childhood neighbors.

In our analyses, we define the neighborhood of upbringing as the census block where the child lived in 1968.<sup>2</sup> Thus, we are able to use a narrower, compact definition of neighborhood than the vast majority of previous studies of neighborhood effects. Typical studies use census tracts to define neighborhoods, and census tracts, which consist of roughly 5,000 families, are much larger than the neighborhood construct we employ. Although the neighboring families in

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<sup>2</sup> The 1968 addresses were geocoded to census block identifiers using GDT geographic mapping technologies. Census blocks are the smallest level of geographic precision reported by the Census Bureau and represent a narrow definition of neighborhood. Census block identifiers are defined for the entire U.S. in 2000.

the PSID sample may or may not have been social neighbors in the sense of interacting closely with each other, they did live in close geographic proximity to each other, and this neighborhood construct should capture important environmental influences. In urban areas, neighboring 1968 families in the PSID may have been a city block or even just part of a block. In rural areas, the families were spread further apart, but still were among each other's closest neighbors (Solon et al, 2000). The PSID cluster design is discussed in greater detail in Solon et al (2000).

*Measurement of Health.* In every wave since 1984, the PSID has asked respondents their general health status (GHS): "Would you say [your/his/her] health in general is excellent, very good, good, fair, or poor?" This question was asked of household heads and wives (if present) in each survey between 1984-2005, and was asked of all family members in 1986.<sup>3</sup>

General health status is highly predictive of morbidity measured in clinical surveys (Larue et al. 1979; Linn et al. 1980; Mays et al. 1992). It is also one of the most powerful predictors of mortality, even when controlling for physician-assessed health status and health-related behaviors, and it is a strong determinant of whether patients choose to use medication and health services. GHS is also frequently used as a global measure of health status and allows us to compare findings with those from related studies such as Case, Fertig, and Paxson (2003).

In order to scale the GHS categories, we use the health utility-based scale that was developed in the construction of the Health and Activity Limitation index (HALex). (A discussion of the various options for treatment of the GHS variable is described in Appendix A.) The HALex scores associated with GHS categories are based on the U.S. National Health Interview Survey, which contains a fuller health instrument than utilized in the PSID. A multiplicative, multi-attribute health utility model was used to assign scores and quantify the

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<sup>3</sup> For a significant share of the individuals in our sample who were children in 1968, 1984 represents roughly the year in which they became heads of households as adults.



distance between the different GHS categories. The technical details of the scaling procedures are discussed at length elsewhere (Erickson, Wilson, Shannon, 1995; Erickson, 1998). Thus, using a 100-point scale where 100 equals perfect health, the interval health values associated with GHS used in this paper are: [95, 100] for excellent, [85, 95) for very good, [70,85) for good, [30,70) for fair, and [1,30) for poor health. Consistent with previous research, the skewness and nonlinearity of this scaling is reflected in the fact that the “distances” between excellent health, very good health, and good health are smaller than between fair and poor health. This scaling is currently used by the National Center for Health Statistics to estimate health-related quality of life measures and years of healthy life (*Healthy People 2000*). We then estimate all of the regression models of health status using the interval regression method. While the HALex approach with interval regressions is superior to alternatives, as described in the appendix, we also estimated identical models to those reported in the tables but using poor/fair health as the dependent variable in a linear probability model.<sup>4</sup> The substantive conclusions are unchanged.

Given the differences in health status, health behaviors, and labor market outcomes for men and women, and the complexity of the health status changes for women during the childbearing years, the paper focuses on men. Our initial sample selection is on PSID sample members born between 1956 and 1964. Our selection criteria was guided by both sample size considerations as well as the need to ensure the resulting sample comprised children who grew up in neighborhoods during comparable periods (e.g., we did not want to compare adult outcomes of neighboring children who were more than eight years apart, as neighborhood

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<sup>4</sup> The key shortcoming of an ordered logit or ordered probit regression is the probit and logit link functions are inadequate to model health due to the significant degree of skewness in the health distribution (i.e., the majority of a general population sample report themselves to be in good to excellent health). Van Doorslaer and Jones (2003) assess the validity of using ordered probit regressions to impose cardinality on the ordinal responses comparing it with a gold standard of using the McMaster ‘Health Utility Index Mark III’ (HUI). They conclude “...the ordered probit regression does not allow for any sensible approximation of the true degree of inequality.”

change over the period could cause child neighbor correlations to be downwardly biased). Our selection criteria maximizes the number of adult person-year observations through age 50, ensures child neighbors grew up within eight years of one another, and selects children who were school-age (or approaching school-age) in 1968.<sup>5</sup>

This initial sample consisted of roughly 4,300 boys who were between the ages of 4 and 12 in the original survey year 1968. Of these boys, \_ had valid address information that could be geocoded to a census block.<sup>6</sup> Of these boys, 2,717 had at least one valid report of general health status (GHS) in adulthood (i.e., 18 or older); and \_ had at least one valid report of annual earnings and annual hours worked in adulthood, which are the key dependent variables. Therefore, the resulting sample includes people up to age 50 (in 2005).<sup>7</sup> (A summary discussion of sample attrition issues is presented in Appendix B.)

To increase the sample size as well as the proportion of poor and black families in our sample, we include both the Survey Research Center (SRC) component and the Survey of Economic Opportunity (SEO) component, commonly known as the “poverty sample,” of the PSID sample. We appropriately apply sample weights at the neighborhood level.

To be eligible for the SEO sample, households had to have income that was below two times the poverty line, which in theory could be problematic for our purposes because two neighboring families could enter that component of the PSID only if they had sufficiently low

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<sup>5</sup> Our cohort of children was born prior to the desegregation of hospitals that followed passage of Title VI of the 1964 Civil Rights Act. Almond, Chay, and Greenstone (2006) and Almond and Chay (2006) document significant beneficial effects on birth outcomes and subsequent well-being for blacks that accompanied these changes. To avoid confounding aging and cohort effects, this cohort evidence supports not selecting birth cohort years that straddle these legislative civil rights changes.

<sup>6</sup> Address information that could not be geocoded to census blocks is comprised primarily of addresses that contained only post office box numbers and are disproportionately in rural areas.

<sup>7</sup> While a decline in the initial sample of 37 percent ((4300-2717)/4300) is substantial, it is quite low given the long period over which these children and their families are followed. The 95-98% wave-to-wave response rate of the PSID makes this possible. In Appendix B, we discuss the extent to which sample selection, including mortality, may bias the reported estimates. Studies have concluded that the PSID sample of heads and wives remains representative of the national sample of adults (Gottschalk et al, 1999; Beckett et al, 1997)

income. However, due to the significant degree of residential segregation by income, we find evidence that the typical neighbor of a low-income family was also low income; thus, in practice this does not present any significant within-neighborhood sample selection bias problems. In particular, in the 1968 SRC component of the PSID, the average family with income less than two times the poverty line (in that year) lived in neighborhoods in which neighbors' average income was also among the bottom third of the income distribution. Similarly, using larger national samples geocoded to the census block, Hardman and Ioannides (2005) find that among the poorest 30 percent of households, roughly 75 percent live in neighborhoods in which neighbors' median income is also among the poorest 30 percent of households. Most importantly, our results are robust to the exclusion of the SEO sample, as estimates that exclude the SEO sample are nearly identical to those reported in the paper (results available upon request).

The ability to conduct analyses within families and between neighboring families is a unique feature of our study. Because our study is among the first to report evidence of brother correlations in health over the life course, we include all neighborhoods to increase the effective sample size for our brother correlation estimates. Results on the sub-sample that is restricted to neighborhoods containing children from at least two different families yielded very similar magnitudes of sibling and child neighbor correlations in adult health and labor market outcomes (results available upon request).

The resulting sample for men contains 4,070 person-year observations from 357 individuals from 234 families in 104 neighborhoods. The mean age is about 32, with age ranging from 17 to 47. The sample is about 10% black.

These 2,717 children were from 1,432 different PSID families. 1,187 families had at least 2 boys. Data are combined across all waves for each person, and in total there are 25,142 person-year observations, or an average of 9.3 observations per person.

## V. ECONOMETRIC MODEL

In this section, we present an econometric model that illustrates the connections among sibling correlations, neighbor correlations, and regression analyses of neighborhood effects.<sup>8</sup> We begin by assuming the true model for health status is:

$$H_{sfn} = \alpha'X_{fn} + \beta'Z_n + \varepsilon_{sfn} \quad (1)$$

where  $H_{sfn}$  denotes health status for sibling  $s$  in family  $f$  in neighborhood  $n$ ,  $X_{fn}$  is the vector that includes all family characteristics (measured and unmeasured) that affect  $H_{sfn}$ ,  $Z_n$  is the vector of all neighborhood characteristics that affect  $H_{sfn}$ , and  $\varepsilon_{sfn}$  is the error term that includes all individual-specific factors that are not related to  $X_{fn}$  or  $Z_n$ . Note that for illustrative simplicity, at this juncture, we do not attempt to incorporate dynamics and potential interactions between family and neighborhood background effects or nonlinearities into the model, but rather assume a linear representation.

Due to the self-selection of advantaged families sorting into advantaged neighborhoods for the reasons discussed in section II, we expect the family background factors,  $X_{fn}$ , and the neighborhood background factors,  $Z_n$ , to be positively correlated. Because it is difficult to fully and accurately measure every factor in  $X_{fn}$  and  $Z_n$ , the assumption that  $\varepsilon_{sfn}$  is uncorrelated with the observable measures of  $X_{fn}$  and  $Z_n$  will be violated, leading to biased estimates of neighborhood effects ( $\beta$ ) and family background effects ( $\alpha$ ). Using the taxonomy of Manski

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<sup>8</sup> This discussion follows Solon et al (2000).

(1993), it is not possible to distinguish the two types of “social effects” -- “endogenous effects” and “exogenous effects” -- from the nonsocial “correlated effects”. Manski also demonstrates that it is not possible to distinguish the two types of social effects from each other.

Therefore, the first goal of our analysis is focus on an overall assessment of the relative contributions of individual, family, and neighborhood effects on health in early to mid adulthood. We then analyze the relative contribution of a parsimonious set of measured individual, family, and neighborhood covariates to the total variation from each component, and test hypotheses about the effects of specific characteristics of families and neighborhoods.

Our strategy for assessing the importance of contextual effects involves estimating the fraction of variation in health outcomes of interest that lies between families and neighborhoods, to provide an upper bound on the possible effect of these contexts. The intuition motivating the use of this strategy is that if family background and residential community are important determinants of health outcomes, there will be a strong correlation between siblings in their health outcomes, as compared to two arbitrarily chosen individuals. And if the neighborhood where the child grew up is important, it will show up as a strong correlation between neighboring children’s subsequent health outcomes.

As demonstrated in Solon et al (2000), using the additive model of the effect of family and neighborhood context in equation (1), the population variance of  $H_{sfn}$  can be decomposed as:

$$Var(H_{sfn}) = Var(\alpha'X_{fn}) + Var(\beta'Z_n) + 2Cov(\alpha'X_{fn}, \beta'Z_n) + Var(\varepsilon_{sfn}). \quad (2)$$

Similarly, the covariance in  $H_{sfn}$  between siblings  $s$  and  $s'$  is:

$$Cov(H_{sfn}, H_{s'fn}) = Var(\alpha'X_{fn}) + Var(\beta'Z_n) + 2Cov(\alpha'X_{fn}, \beta'Z_n). \quad (3)$$

The sibling correlation,  $cov(H_{sfn}, H_{s'fn}) / var(H_{sfn})$ , measures the proportion of the total variation in the health outcome under consideration due to factors shared by siblings. From (3) we see that

siblings have correlated health outcomes because they have shared family and neighborhood backgrounds, corresponding to the first and second terms of (3), respectively. The sorting of families into neighborhoods is reflected in the third term. The sibling covariance then captures all measured and unmeasured factors shared by siblings that may have an impact on health outcomes, such as the socioeconomic status of parents, genetic traits shared by siblings, family structure, as well as neighborhood effects stemming from the quality of neighborhood conditions.

Augmenting the estimation of sibling correlations with the estimation of neighbor correlations enables us to bound the relative importance of family and neighborhood factors. To see this, note the covariance between neighbors is:

$$Cov(H_{sfn}, H_{s'f'n}) = Cov(\alpha'X_{fn}, \alpha'X_{f'n}) + Var(\beta'Z_n) + 2Cov(\alpha'X_{fn}, \beta'Z_n) \quad (4)$$

The last two terms in (3) and (4) are identical, so we expect the covariance between neighbors to be smaller than the covariance between siblings because siblings share both the same neighborhood and the same family. As Solon et al (2000) state, if the covariance among neighbors is small relative to the covariance among siblings, the family effects, which are represented by the first term in (3), must be the main source of the covariance among siblings. Previous studies of sibling correlations do not disentangle family from neighborhood effects, exceptions being Solon et al (2000, 2001), Raaum, Salvanes, and Sorensen (2002), and Oreopoulos (2002), none of whom examine health outcomes.

The neighborhood correlation,  $cov(H_{sfn}, H_{s'f'n}) / var(H_{sfn})$ , measures the proportion of the variation in the health outcome that can be attributed to factors shared by individuals from the same neighborhood. In (4), we notice that the neighborhood covariance consists of more than the variance in neighborhood characteristics given in the second term, and it should therefore be

viewed as an upper bound on the neighborhood influence on the covariance in  $H_{sfn}$  between neighbors. The first and third terms are both expected to be positive, leading to an upward bias. The first term represents the sorting of similar families into the same neighborhoods, since neighboring children share similar family characteristics. Similarly, the third term also represents sorting, in that it captures sorting of disadvantaged families into disadvantaged neighborhoods. We see that positive sorting,  $Cov(\alpha'X_{fn}, \alpha'X_{fn}) \geq 0$  and  $Cov(\alpha'X_{fn}, \beta'Z_n) \geq 0$ , implies that  $Var(\beta'Z_n) \leq Cov(H_{sfn}, H_{s'fn})$ .

Access to neighborhood identifiers and family characteristics in the same data enables us to tighten the upper bound on the neighborhood effect and also establish a lower bound on the family effects. First, it follows from (4) that the upper bound on the neighborhood effects can be made tighter by introducing observable family characteristics shared by the neighbors, and by subtracting that as an observable part of the first term of (4). Following Solon et al (2000) and Altonji (1988), we estimate the part of  $\alpha'X_{fn}$  related to observable family characteristics such as parental income, education, family structure, and race. Let  $\tilde{X}_{fn}$  denote the observable subset of family characteristics with associated parameters  $\hat{a}$  estimated *within* neighborhoods. We can then subtract off the sorting component arising from the fact that similar families tend to cluster in neighborhoods,

$$Cov_{adj}(H_{sfn}, H_{s'fn}) = Cov(H_{sfn}, H_{s'fn}) - Cov(\hat{a}'\tilde{X}_{fn}, \hat{a}'\tilde{X}_{fn}) . \quad (5)$$

While this approach helps reduce the upper bound, it only captures the direct effect of neighborhoods on health outcomes. Consider the example where neighborhood factors allowed parents to obtain higher paying jobs, which in turn improved health status of children. In this

case the indirect neighborhood effect that works through employment and wages would be attributed to the family component and not the neighborhood component.

The tighter upper bound on neighborhood effects also implies a tighter lower bound on family effects. Specifically, the difference between the sibling correlation and the adjusted neighbor correlation represents a lower bound of the magnitude of the effect of family background on the health outcome of interest. We call this the “adjusted sibling correlation.”

## **VI. ESTIMATION METHODS**

*Measuring & Decomposing Health Inequality.* A primary focus of this paper is to analyze health dynamics and the evolution of health inequality over the life course. Our aim is to decompose the sources of health inequality and its age profile into the part attributable to neighborhood background, family background, and individual heterogeneity. There exists a long-standing literature on inequality and mobility measures developed originally for the measure of income inequality and economic mobility. We will apply these methods in a novel way in the context of health dynamics and health inequality.

We employ two different inequality measures: (1) the variance, and (2) Thiel’s general entropy inequality index (mean logarithmic deviation). Both of these inequality measures possess the desired additive decomposability property—i.e., the inequality measure for the total population can be expressed as a sum of the population-weighted average of the inequality measures “within” its subgroups and of the inequality existing “between” them. The decomposability of these two inequality measures is particularly useful in analyzing the contribution to inequality from hierarchical levels. Our data are hierarchical because we have multiple observations over time of individuals who are nested within families, which are nested



within neighborhoods. Thus, the additive multilevel decomposability property enables the inequality index to be expressed as:

$$I_{AGEt}(H_{1t}, H_{2t}, \dots, H_{nt}) = I^{B,N} + I^{B, FN} + I^{B, SF(N)},$$

where  $I_{AGEt}$  denotes total inequality at age  $t$ ,  $I^{B,N}$  represents inequality between neighborhoods,  $I^{B, FN}$  represents inequality between families within neighborhoods, and  $I^{B, SF(N)}$  represents inequality between siblings. We can then examine the evolution of health inequality by using the estimated  $I_{AGEt}$  and its component parts at each age ( $t=17, 18, \dots, 45$ ) to construct an age-profile of health inequality. Both the variance and Thiel's general entropy inequality index (mean logarithmic deviation) also have the additional desirable property as inequality measures of satisfying the Pigou-Dalton condition—i.e., the inequality measure decreases with any health transfer from healthy to less healthy people (Bourguignon, 1979).

*Four-Level Hierarchical Random Effects Interval Regression Model.* We begin with the variance as our measure of inequality. We decompose both the variance of the level of health and the rate of health depreciation over time into the fraction that lies between neighborhoods, families, and individuals. In order to decompose both the total variation in the health level and the health depreciation rate, we estimate a four-level hierarchical random effects interval regression model. Our data are hierarchical because we have multiple observations over time of individuals who are nested within families, which are nested within neighborhoods. Multilevel modeling techniques can accommodate the hierarchical and unbalanced structure of our data, non-independence of the (sometimes overlapping) pairs of siblings and neighbors, as well as the non-normality of health (Raudenbush & Bryk, 2002).

We begin by estimating the four-level hierarchical random effects model<sup>9</sup> given by

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<sup>9</sup> Maximum-likelihood (ML) estimates based on a numerical integration procedure were computed using aML statistical software (Lillard and Panis, 2003). Some estimates were computed using the gllamm6 macro in Stata

$$H_{tsfn}^* = (\beta_{0000} + \beta_{1000} * Age_t) + (\eta_{000n} + \eta_{100n} * Age_t) + (\phi_{00fn} + \phi_{10fn} * Age_t) + (\delta_{0sfn} + \delta_{1sfn} * Age_t) + \varepsilon_{tsfn}$$

or equivalently,

$$H_{tsfn}^* = (\beta_{0000} + \eta_{000n} + \phi_{00fn} + \delta_{0sfn}) + (\beta_{1000} + \eta_{100n} + \phi_{10fn} + \delta_{1sfn}) * Age_t + \varepsilon_{tsfn} \quad (1)$$

The indices  $t$ ,  $s$ ,  $f$ , and  $n$  denote time, individuals, families, and neighborhoods, respectively, where there are

- $t = 1, 2, \dots, O_{sfn}$  observations over time of individual  $s$  in family  $f$  in neighborhood  $n$ ;
- $s = 1, 2, \dots, S_{fn}$  siblings in family  $f$  in neighborhood  $n$ ;
- $f = 1, 2, \dots, F_n$  families in neighborhood  $n$ ;
- $n = 1, 2, \dots, N$  neighborhoods.

The neighborhood-, family-, and individual-level random effects capture unobserved characteristics of the neighborhood, family, and individual. The neighborhood random intercept and random slope coefficient are represented by  $\eta_{000n}$  and  $\eta_{100n}$ , respectively; the family random intercept and random slope coefficient are represented by  $\phi_{00fn}$  and  $\phi_{10fn}$ , respectively; the individual random intercept and random slope coefficient are represented by  $\delta_{0sfn}$  and  $\delta_{1sfn}$ , respectively; and  $\varepsilon_{tsfn}$  represents the individual transitory component of self-reported health (which includes measurement error). Each of these random effects are assumed to be normally distributed with a mean of 0, and  $\text{var}(\eta_{000n}) = \sigma_{0n}^2$ ,  $\text{var}(\eta_{100n}) = \sigma_{1n}^2$ ,  $\text{var}(\phi_{00fn}) = \sigma_{0fn}^2$ ,  $\text{var}(\phi_{10fn}) = \sigma_{1fn}^2$ ,  $\text{var}(\delta_{0sfn}) = \sigma_{0sfn}^2$ ,  $\text{var}(\delta_{1sfn}) = \sigma_{1sfn}^2$ , and  $\text{var}(\varepsilon_{tsfn}) = \sigma_{tsfn}^2$ .

$Age_t$  is the individual's actual age at time  $t$  minus 30. We center the age variable around age 30, the mean age in the sample, so that the fixed and random intercept terms can be interpreted as the average health status at age 30. The fixed and random slope coefficients can thus be interpreted as the subsequent health deterioration rate from young adulthood into mid life

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(Rabe-Hesketh et al, 2000). The numerical evaluation of the unconditional-likelihood function uses Gaussian quadrature. We use 10-point quadrature for each level.

(age 50). The average health status at age 30 is captured by  $\beta_{0000}$  and the average subsequent annual health deterioration rate is captured by  $\beta_{1000}$ . We estimate the covariance/correlation between average health status at age 30 and subsequent health deterioration rate, given by  $\text{cov}(\eta_{000n}, \eta_{100n}) = \sigma_{n,0,1}$ ,  $\text{cov}(\phi_{00,fn}, \phi_{10,fn}) = \sigma_{fn,0,1}$ , and  $\text{cov}(\delta_{0sfn}, \delta_{1sfn}) = \sigma_{sfn,0,1}$ . We can thus decompose the correlation between health status in young adulthood and (subsequent) annual health deterioration rate into its within-family, between-family within-neighborhood, and between-neighborhood components.

Of primary interest is the decomposition of the variance of both the level of health over time and the annual rate of health depreciation into their within-family, between-family within-neighborhood, and between-neighborhood components. In this model, individuals from the same neighborhood but not in the same family (i.e., neighbors) are correlated because they share the random effects  $\eta_{000n}$  and  $\eta_{100n}$ , and siblings are correlated because they share the random effects  $\eta_{000n}$  and  $\eta_{100n}$ , and  $\phi_{00,fn}$  and  $\phi_{10,fn}$ . Here we want to evaluate the health correlation between siblings at the same age, and evaluate the health correlation between neighbors at the same age. In this model, the sibling correlation and neighbor correlation in the level of health can be computed, respectively, as:

$$\rho_{\text{sibling,healthlevel}}(\text{age}) = \frac{(\sigma_{0n}^2 + 2\text{age}\sigma_{n,0,1} + \sigma_{1n}^2 \text{age}^2) + (\sigma_{0fn}^2 + 2\text{age}\sigma_{fn,0,1} + \sigma_{1fn}^2 \text{age}^2)}{(\sigma_{0n}^2 + 2\text{age}\sigma_{n,0,1} + \sigma_{1n}^2 \text{age}^2) + (\sigma_{0fn}^2 + 2\text{age}\sigma_{fn,0,1} + \sigma_{1fn}^2 \text{age}^2) + (\sigma_{0sfn}^2 + 2\text{age}\sigma_{sfn,0,1} + \sigma_{1sfn}^2 \text{age}^2)}$$

$$\rho_{\text{neighbor,healthlevel}}(\text{age}) = \frac{(\sigma_{0n}^2 + 2\text{age}\sigma_{n,0,1} + \sigma_{1n}^2 \text{age}^2)}{(\sigma_{0n}^2 + 2\text{age}\sigma_{n,0,1} + \sigma_{1n}^2 \text{age}^2) + (\sigma_{0fn}^2 + 2\text{age}\sigma_{fn,0,1} + \sigma_{1fn}^2 \text{age}^2) + (\sigma_{0sfn}^2 + 2\text{age}\sigma_{sfn,0,1} + \sigma_{1sfn}^2 \text{age}^2)}$$

The sibling correlation is between  $H_{sfn}^*$  and  $H_{s'fn}^*$ , evaluated at the same age; the neighbor correlation is between  $H_{sfn}^*$  and  $H_{s'fn}^*$ , evaluated at the same age. Our interest is in the permanent (rather than the transitory) component of health, so we do not include the temporal variation of health in the denominator.

We can then use the estimated sibling and neighbor correlations at each age  $t=18, \dots, 50$ , to construct an age-profile of sibling and neighbor health correlations. The age-profile of sibling and neighbor correlations will provide insight into the nature and causes of the evolution of health inequality, and the relative roles of neighborhood and family background. In this model, the sibling correlation and neighbor correlation in the annual health deterioration rate can be computed, respectively, as:

$$\rho_{\text{sibling, deterioration rate}} = \frac{\sigma_{1n}^2 + \sigma_{1fn}^2}{\sigma_{1n}^2 + \sigma_{1fn}^2 + \sigma_{1sfn}^2} ;$$

$$\rho_{\text{neighbor, deterioration rate}} = \frac{\sigma_{1n}^2}{\sigma_{1n}^2 + \sigma_{1fn}^2 + \sigma_{1sfn}^2} .$$

Health varies with age and gender. Because we did not want our estimates of sibling and neighbor correlations to reflect the influence of either of these two demographic factors, we adjusted for them in our baseline random coefficients model by including age as an explanatory variable at each of the hierarchical levels, and conducting separate analyses by gender, with results for males presented in this paper. Moreover, given that age affects health outcomes and that most same-aged children do not belong to the same family, it is important to control for age in the baseline model. Otherwise, between-family variance could mostly reflect differences between individuals of different ages.

*Estimating “Adjusted Neighbor Correlations”.* We estimate “adjusted neighbor correlations”, which are net of the similarity arising from childhood neighbors having similar observed family background characteristics. To extract the impact of similar family backgrounds out of the neighbor correlation, we first estimate the following regression; for ease of exposition, here we omit the random effects terms that are included in the estimated model:

$$H_{tsfn}^* = \alpha_1 age_{tsfn} + \alpha_2' X_{\bullet\bullet fn} + \alpha_3' (\overline{X_{\bullet\bullet\bullet n}}) + \varepsilon_{tsfn}, \quad (7)$$

where  $X_{\bullet\bullet fn}$  is a vector of childhood family background characteristics including: log of average annual family income (based on three-year average as reported in 1968-1970), parental education, parental family structure, parent’s race, indicator of whether parental family had health insurance in 1968, and parental annual expenditures on cigarette and alcohol consumption in 1968.  $\overline{X_{\bullet\bullet\bullet n}}$  is a vector of the 1968 neighborhood-level measures of the same above variables.

Inclusion of family-level and neighborhood-level variables measuring the same concepts enables the vector  $\alpha_2$  of coefficient estimates to capture the within-neighborhood effects of these family background characteristics. Using the within-neighborhood estimates of the family background effects of parental income, education, race, family structure, health insurance coverage, and parental health behaviors on health in adulthood, will ensure the coefficients ( $\alpha_2$ ) will not be biased by omitted neighborhood variables. This follows from the fact that the neighborhood-level unmeasured factors can only be correlated with the neighborhood-level mean of the covariates. In combination, the resulting estimates of the effects of these family background characteristics can be taken as a conservative estimate of  $\alpha'X_{fn}$  in equation (1).

We then estimate the inter-neighbor variance in  $\hat{\alpha}'X_{fn}$  by estimating a hierarchical random effects model of  $\hat{\alpha}'X_{fn}$  on neighborhood-level, family-level, and individual-level random effects. We then subtract our estimate of the inter-neighbor variance in  $\hat{\alpha}'X_{fn}$  from the estimate of the overall inter-neighbor variance in  $H_{sfn}^*$ . Dividing the resulting quantity by  $\hat{Var}(H_{sfn}^*)$  yields a tighter upper bound on the proportion of  $Var(H_{sfn}^*)$  that can be attributed to neighborhood effects.

The estimates of “adjusted neighbor correlation” enable us to ascertain how much of the raw neighbor correlation is due to childhood neighbors having similar (observable) family background characteristics. We then investigate to what extent observable childhood neighborhood-level characteristics explain the observed sibling and neighbor correlations and their respective age profiles. In addition to the variables previously discussed, we include self-reports of neighborhood and housing quality collected in the PSID. These measures include self-reports of whether it is a poor neighborhood for children, whether there exist plumbing problems, housing structural problems, security problems, cockroach or rat problems, insulation problems, neighborhood cleanliness problems, overcrowding, noise, or traffic problems, burglary, robbery, assault, drug use, or problems related to too few police in the neighborhood in which they live.<sup>10</sup>

We will provide estimates of the distinct effects of neighborhood and family level background variables measuring the same concepts—for example, the effects of family SES conditional on neighborhood SES and vice versa. In addition, explicitly measuring the magnitude of variation in the effects of unmeasured factors allows an assessment of the

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<sup>10</sup> These measures serve as proxies of neighborhood quality as this information was only collected in the 1975 survey and may not reflect the characteristics of the 1968 neighborhood due to residential mobility over the period. However, as discussed earlier, 1968 families with children in the PSID tended to move to neighborhoods that had observable neighborhood characteristics that were similar to their previous residential location (Kunz et al, 2001).

importance (quasi- $R^2$ ) of the measured variables,  $X$ , in total variation at each level (e.g., measures vs. unmeasured neighborhood characteristics). Finally, we include measures of the individual's own economic status in adulthood into the four-level hierarchical random effects model to examine the extent to which the resemblance of childhood neighbors' subsequent health in adulthood may be due to the similarity of their economic status in adulthood.

Parental income and neighborhood poverty are dimensions of family and neighborhood background that we give particular emphasis to in the regression analysis. Growing up in a neighborhood with concentrated poverty may have grave consequences above and beyond those of growing up in a poor family because of the absence of positive role models, social isolation, weakened social institutions, unrelenting stress, inferior health care accessibility, and other factors. We control for parental education, birth order, whether child was low birth weight, born into a two-parent family, and year of birth. We also make use of a unique set of measures of parental expectations of children's educational attainment, county school expenditures per pupil, residential segregation, parental connectedness to informal sources of help, parental aspirations/motivation and long-term planning, parental personality, habits and skills that were collected in the early years of the PSID. These factors may themselves be the product of growing up in a high poverty neighborhood and may represent important pathways through which exposure to depressed neighborhood environments during childhood affect health trajectories later in life. However, controlling for this myriad of ways in which children who grow up in high poverty neighborhoods may differ from children who grow up in affluent neighborhood environments allows us to generate a more conservative estimate of the effect of neighborhood poverty itself, as well as shed light on the factors that affect adult health status.

### *Sensitivity Analysis*

We conduct a sensitivity analysis to test the robustness of the estimated effects of childhood neighborhood poverty to selection bias due to an omitted variable. Our goal is to assess how the point estimate and confidence interval of the effect of neighborhood poverty change under the presence of selection bias of varying strengths. We use a novel empirical approach, recently proposed by Altonji et al. (2005) and Krauth (2007), to perform our sensitivity analysis. This analysis allows us to determine the threshold of selection on unobservables, if any, at which neighborhood poverty during childhood no longer has a significant effect on adult health. The approach uses the statistical relationship between observed explanatory variables in a regression as a guide to generate plausible estimates about the relationship between observed and unobserved variables. The sensitivity parameter,  $\theta$ , can be defined as

$$\text{corr}(X_k, u) = \theta \text{corr}(X_k, X\beta - X_k\beta_k),$$

where  $\theta$  indexes the magnitude of the correlation between observables and unobservables relative to the analogous correlation among observables themselves. In other words, the correlation between the neighborhood poverty rate and the (effect-weighted) unobservables is proportional to the correlation between the neighborhood poverty rate and the effect-weighted observables. The standard exogeneity assumption is the special case of  $\theta=0$ . This approach provides a way to construct bounds on the effect of neighborhood poverty during childhood on adult health based on the bounds one is willing to place on the sensitivity parameter  $\theta$  (i.e., the relative correlation).

Altonji et al. (2005) argue that if the observable determinants of an outcome are truly just a random subset of the complete determinants, selection on observable characteristics must be equal to selection on unobservable characteristics. Because the PSID was conducted specifically



to study family background factors that affect well-being, we would expect selection on observable factors to be greater than selection on unobservable factors; in other words, the extensive measures of family/neighborhood background captured in the PSID are likely to be the most important determinants of adult health. Thus, estimates obtained under the assumption of equal selection will be biased downwards.

## **VII. RESULTS**

The unadjusted sibling and child neighbor correlations of health in adulthood are presented first. We then examine how much of the child neighbor correlations can be explained by the fact that families in a neighborhood tend to be similar as opposed to emanating from neighborhood effects *per se*. We then attempt to explain the life-cycle pattern of sibling and childhood neighbor correlations and explore potential mechanisms that underlie the relative roles of neighborhood and family background on the health trajectory over the life course.

The estimates from the baseline four-level hierarchical random effects model that includes controls only for age are presented in Table 1. Here, age is entered as a linear function—a quadratic specification for age did not significantly improve the fit of the model. As shown in Table 1, the random effects intercept and age-slope estimates are all significant at each of the neighborhood, family and individual levels. The baseline random effects model enables the measurement of the overall magnitude of variation at the neighborhood, family, and individual levels over time. The sibling and neighbor correlation estimates are based on the decomposition of variance over time into the fraction that lies between neighborhoods, families, and individuals. The age-profile of the estimated unadjusted sibling and neighbor correlations calculated from the baseline model are presented in Figure 1.

## **SIBLING AND NEIGHBOR CORRELATIONS**

We find that brother correlations are large throughout at least the first 50 years of life: the correlation in general health status in adulthood is roughly 0.66, suggesting that two-thirds of health disparities in adulthood may be attributed to neighborhood and family background influences. To assess the importance of the shared genetic component of health, we attempted to contrast biological sibling correlations versus sibling correlations for step relations and adoptive ties. We do not find any significant differences between full biological siblings and other siblings (half/adopted), but very small sample sizes of step and adoptive ties prohibit any definitive evidence on this issue in the PSID.

Sibling correlations by themselves cannot disentangle how much of the resemblance among siblings in their health outcomes is due to the effects of family background and how much is due to the effects of neighborhood background. Augmenting the sibling correlation estimates with corresponding neighbor correlation estimates reveals neighborhood and family background are both important determinants of general health status in adulthood. While the childhood neighbor correlations are smaller than the brother correlations, they are substantial through middle-age. In particular, the male childhood neighbor correlation in early adulthood (age 25) is roughly 0.40. By the time men are in their 30s and 40s, the correlation in general health status between childhood neighbors increases, reaching a peak of more than 0.50 between the ages of 30 and 35. In other words, knowing the adulthood health status of a male childhood neighbor predicts 25 percent of the adult health status of another male childhood neighbor. Furthermore, by comparing the magnitudes of the sibling and neighbor correlations in adulthood health among males, the results indicate that at least half of the average brother correlation in adulthood (0.66) may be attributable to neighborhood effects.

From the adjusted neighbor correlation estimates, we find that observable family sorting (controlling for a broad array of family background characteristics described above) does not seem to explain all the resemblance in adulthood health status among males who grew up in the same neighborhood. The adjusted male neighbor correlation is roughly 10% lower than the unadjusted neighbor correlation. These results imply that differences in neighborhood quality during childhood may account for up to roughly 40 percent of adult health disparities.

### *Sensitivity Analyses*

Robustness of the results on two dimensions was considered. First, we examined alternative specifications of health status. Specifically, models were estimated using: a) the dichotomous variable poor/fair versus good/very good/excellent, and b) the Health and Activity Limitation Index that attributes scores to combinations of self-assessed health and activity functional limitation categories. The overall patterns of the neighbor and brother correlations were qualitatively similar for these outcomes and our preferred health status measure.

We also sought to identify a health status measure available in the data that is largely determined by genetic factors. If such an outcome could be identified, one would not expect it to be correlated among neighbors if in fact correlation was not spurious. Height is largely determined by genetic factors in the U.S., and therefore most likely not causally influenced by neighborhood characteristics. Re-estimating our models with height as the dependent variable, we find that the neighbor correlation is zero, as expected. This suggests some evidence that the substantial neighbor correlations that are being estimated for the measure based on SAH are not due to spurious sorting of individuals with similar characteristics.

## **Additional Considerations**

There are three reasons why our analytical approach may lead to incorrectly concluding that neighborhood factors are small. First, because siblings typically share similar family environments for longer periods than neighboring children share neighborhood environments, we expect lower correlations for neighbors than for siblings. That is, we estimate the correlation between individuals who were childhood neighbors in 1968, but if 1968 neighborhood is a poor proxy for longer-run neighborhood environment, our estimates of the influence of neighborhoods may be subject to a downward errors-in-variables bias. The potential for measurement error is a serious concern since residential mobility is common in the US, especially among families with younger children. Thus, children sharing a neighborhood at any given point in time may have quite different residential histories. However, Kunz et al (2001) investigate this issue using the PSID and find a high degree of persistence in the quality of children's neighborhood environments. They estimate the autocorrelations of observed neighborhood characteristics inhabited by the PSID children, and find the autocorrelation between the average of log mean income during the 1970-1980 period and each single year value is at least 0.90 for every year and averages 0.94.

We find that the average proportion of childhood spent growing up in the 1968 neighborhood was roughly 2/3 for our sample. To investigate the potential impact of residential mobility further on our findings, we re-estimated all health status correlations on the sample of children who had lived in their 1968 home since at least 1963.<sup>11</sup> The correlations among this

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<sup>11</sup> We experimented with introducing heteroscedasticity into our multilevel model at the individual level as a function of the percent of childhood years spent growing up in the 1968 neighborhood. We initially thought this would be a good idea because we would expect the within-neighborhood variance to be smaller if most or all individuals grew up in the 1968 neighborhood for their entire childhood. However, upon further reflection, the selection bias issues of who moves outweigh the reduction in errors-in-variables bias, and thus does not justify modeling heteroscedasticity nor keeping only individuals who grew up in the 1968 neighborhood for their entire childhood.

sample were very similar to the ones we report here. Solon et al (2000) found that neighbor correlations in education were not sensitive to similar sample restrictions. Therefore, the evidence tends to suggest that residential mobility is not significantly influencing the estimated neighbor correlations.

A second factor that could cause us to underestimate the importance of neighborhood effects follows from the fact that sibling and neighbor correlations alone do not allow for a straightforward examination of subgroups, some of which may be more susceptible to neighborhood factors. For example, neighborhood problems such as violence, lead paint, or pollution, may only have significant impacts on health when they achieve some threshold of incidence. Or certain families, perhaps low-income or single parent families, may be less able to buffer the negative effects of low quality neighborhoods.

Finally, effect sizes that program evaluators commonly view as medium or even large may translate into small neighborhood correlations (Duncan & Raudenbush, 2001; Cain & Watts 1972; Rosenthal & Rubin 1982). As highlighted by Duncan & Raudenbush (2001), a small correlation between neighbors does not rule out a large effect size associated with a measured difference between neighborhoods. To illustrate this point, they consider a standardized mean difference between a set of experimental neighborhoods and an equal number of control neighborhoods, and they show that even a standardized effect size of  $d=.80$ , which is commonly viewed as very large, translates into a neighborhood correlation of just 0.14.<sup>12</sup>

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<sup>12</sup> Using the hypothetical example discussed in Duncan & Raudenbush (2001), assume we have a treatment group of neighborhoods and control group of neighborhoods, and we compute the standardized mean difference,  $d$ , between these two groups of neighborhoods. The proportion of variance explained by treatment is then  $R$ -squared, which in this case is  $R^2 = d^2 / [d^2 + 1/p(1-p)]$ , where  $p$  is the proportion in the treatment group and  $(1-p)$  is the proportion in the control group. In this hypothetical example, all between-neighborhood variance is created by the treatment. Thus,  $R$ -squared is equivalent to the intra-neighborhood correlation. In non-experimental settings, we do not have treatment groups, but rather sets of “high-risk” and “low-risk” neighborhoods.

## MAGNITUDE OF EFFECTS OF FAMILY AND NEIGHBORHOOD BACKGROUND

What do these correlation estimates mean in terms of the absolute size of the effects of family and neighborhood background? Estimates of the neighborhood random components ( $\sigma_n$ ) indicate that neighborhood quality has very large and significant effects on general health status for males. To provide further insight and facilitate interpretation of our results, we present graphically in Figure 2 the predicted health trajectories in adulthood for the average man from an average family background, who grows up in : a) a neighborhood of average quality, b) a neighborhood that is one standard deviation below average neighborhood quality, and c) a neighborhood that is one standard deviation above average neighborhood quality, respectively.

Similarly, in Figure 3, we simulate the predicted health trajectories in adulthood for the average man from an average neighborhood background, who grows up in: a) a family of average background, b) a family that is one standard deviation below average family background, and c) a family that is one standard deviation above average family background, respectively. The graphical representation of the results highlights the dramatic impact of neighborhood and family background on health in adulthood.<sup>13</sup>

These effects undoubtedly contribute to current racial health disparities, given the well-known racial differences that exist in their family and neighborhood backgrounds. For example, Deaton & Paxson (1999) find that a quarter of white men report themselves in excellent health until their late 50s; among blacks, the same points are reached before age 40 among males. We conduct a systematic analysis of the evolution of racial health disparities in the final section.

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<sup>13</sup> In future work, we plan to also explore potential interactions between family and neighborhood effects—e.g., families who lack social and economic resources may be more vulnerable to poor neighborhood conditions (Currie & Hyson, 1999).

## **EXPLAINING THE LEVEL AND AGE-PROFILE OF SIBLING & NEIGHBOR CORRELATIONS**

We next estimate a series of models building toward a full model specification that includes a complete set of observable 1968 family-level and neighborhood-level background characteristics to attempt to identify determinants of health dynamics and the evolution of health inequality. In order to try to explain the level and age-profile of sibling and neighbor correlations, we estimate the following series of models that include 1968 family-level and neighborhood-level versions of each variable:

- (1) baseline model
- (2) (1)+race+family structure
- (3) (2)+parental education
- (4) (3)+parental income
- (5) (4)+health insurance
- (6) (5)+parental health behaviors
- (7) (6)+neighborhood and housing quality measures

The inclusion of both family-level and neighborhood-level versions of each variable enables us to disentangle family-level and neighborhood contextual effects. One must use some caution, however, with drawing causal inferences from these coefficient estimates. The estimates are intended instead to summarize the relationships between the health trajectory in adulthood with various measures of neighborhood and family background.

The results are presented in Table 2. Note, across these model specifications, both random intercept and random slope coefficient terms at every level are only included if they significantly improve the fit of the model. From the parsimonious specification of Models (2), as shown in columns (2) of Table 2, we find that growing up in female-headed households and in predominantly black neighborhoods negatively affects health in adulthood. While the magnitude of the effect of growing up in black neighborhoods is sizable, it is not statistically significant likely because of the small numbers of blacks in our sample. The estimated average annual

health deterioration rate is roughly 0.25 in adulthood, ages 18-45. Thus, based on the estimates in Model 2, the same level of health deterioration would be reached 25 years earlier among individuals who grew up in female-headed households relative to individuals who grew up with both parents. Similarly, the same level of health deterioration would be reached 16 years sooner among individuals who grew up in black neighborhoods relative to individuals who grew up in white neighborhoods.

Models (4)-(6) reveal that the negative effects of growing up in predominantly black neighborhoods and growing up in neighborhoods with a large proportion of female-headed households can be fully explained by the effects of lower average neighborhood income. The effects of both mean neighborhood income and family income during childhood have significant enduring effects on health in adulthood. In particular, the effect sizes imply that the same level of health deterioration would be reached 20 years sooner among individuals who grew up in neighborhoods with fifty percent lower mean incomes. Similarly, the same level of health deterioration would be reached 8 years sooner among individuals who grew up in families with fifty percent lower incomes. We find that the educational attainment of the parental head has a marginally significant positive effect on health, net of the effects of family income. In the fuller model specifications, some of the significance of individual effects are reduced due to the significant degree of multicollinearity between the variables measuring SES background.

From Models (5) and (6), we see that health insurance coverage during childhood is associated with better health in adulthood. The neighborhood mean health insurance coverage rates are also large and significant. We interpret the latter coefficient as reflecting correlation between neighborhood mean health insurance coverage rates and unmeasured causal factors. While the coefficients on family- and neighborhood-level alcohol and cigarette consumption



(parental health behaviors) are not significant, most of these effects are in the expected directions.

We next estimate a model (Model 7) that adds a vector of housing and neighborhood quality measures. These results are presented in the last two columns of Table 3. Among the housing and neighborhood quality measures, the neighborhood average rate of cockroach/rat problems, and prevalence of burglary, robbery, assault, drug use, or problems related to too few police in the neighborhood in which children grew up were associated with the largest lasting impacts on health in adulthood. We also see that the inclusion of these neighborhood quality measures reduces the significance of the effects of neighborhood mean income (Model 7b).

The full model that includes the complete set of observable neighborhood and family background characteristics explains a significant degree of the level and age-profile of sibling and neighbor correlations. In the specification of Model (6), the magnitude of the variance of the neighborhood-level components have been reduced by an average of 67 percent in adulthood by the addition of the neighborhood and family background measures (implied quasi- $R^2$  at the neighborhood level). As well, the magnitude of the variance of the family-level components have been reduced by an average of 36 percent in adulthood by the addition of the neighborhood and family background measures.

Finally, we estimate models that include the individual's own economic status in adulthood, as measured by labor earnings in adulthood. If inclusion of individual own labor earnings significantly reduces neighborhood random components and the associated conditional neighbor correlation is significantly smaller, this would provide (suggestive) evidence that childhood neighbors exhibit a significant degree of correlation in adulthood economic status that is contributing to the observed significant neighbor correlations of health in adulthood.

Johnson's (2007) estimates of childhood neighbor correlations in (the permanent component of) adult earnings average 0.45 during men's 30s and 40s. These estimates are significantly larger than the previous estimates of Page and Solon (2003) which were evaluated at earlier points in the life cycle.

Indeed, as shown in Table 4, we find that the magnitude of the variance of the neighborhood-level components is reduced dramatically by the inclusion of individual own earnings in adulthood—namely, the variance of the neighborhood-level components is reduced by an average of 90 percent in adulthood by the inclusion of individual own earnings in adulthood (implied quasi- $R^2$  at the neighborhood level). As well, we find that the magnitude of the variance of the family-level components is reduced by an average of 27 percent in adulthood by the inclusion of individual own earnings in adulthood.

In Figure 4, we graph the conditional neighbor correlations that adjust for the variables in Models (7b) and (8) along with the unadjusted neighbor correlations; and in Figure 5 we graph the conditional sibling correlations that adjust for the variables included in Models (7b) and (8) along with the unadjusted sibling correlations. The graphs containing the conditional sibling and neighbor correlations reveal that similarity in childhood neighbors' subsequent economic status in adulthood can account for the lion share of the resemblance in childhood neighbors' subsequent health outcomes in adulthood. As well, after controlling for observable neighborhood background variables, the similarity of childhood neighbors' health outcomes is less marked. Recall that the adjusted neighbor correlations showed that the neighbor correlations were not driven by similarity of family background characteristics, but seem to reflect neighborhood effects. After controlling for observable neighborhood and family background variables, the similarity of brothers' health in adulthood is also significantly reduced. The broad

array of available measures of family and neighborhood background, that are in many ways unique to the PSID, is a tremendous asset to our analyses.

Because there is potential causation running in both directions—from income to health and vice-versa—we, however, cannot disentangle from this analysis how much income affecting health contributes to this overall relationship. On the other hand, while one must use caution with attaching causal inferences from these results, this evidence taken together is consistent with (provides strong support for) the hypothesis that family income during childhood and/or other factors that affect an individual's economic status in adulthood affect an individual's health trajectory in adulthood. Separately identifying the causal pathways through which income affects health and health affects income over the life course has proven to be extremely difficult and beyond the scope of the present paper, but remains an important area for future research (Adda et al., 2003).

*Sensitivity to Selection Bias.* The estimates of the significant effects of neighborhood poverty during childhood on adult health reported in Table 4 are based on models in which exogeneity is assumed. We next evaluate the robustness of these results to deviations from exogeneity. Figure 6 displays the range of estimated coefficients and confidence intervals on neighborhood poverty as a function of the ratio of selection on unobservables to selection on observables. As the figure shows, the effect of child neighborhood poverty on health status later in life remains large and significant even with a reasonably large amount of selection on unobservable factors. The correlation between neighborhood poverty and unobserved outcome-relevant factors would need to exceed 80% of the correlation between neighborhood poverty and observed-relevant factors in order to eliminate the estimated effect. In other words, the ratio of

selection on unobservables to selection on observables would have to exceed 80% in order for one to attribute the entire effect of neighborhood poverty to selection bias.

*Characterizing the Dynamics of Health Inequality.* The usual indices of inequality are derived from observations on health, income, wealth, etc., corresponding to a particular point in time. As we have demonstrated in the case of health, cross-sectional health inequality measures by themselves do not accurately reflect the differences between individuals, since the true situation depends to large extent on how the relative positions of individuals vary over time. A class of mobility measures have been developed in the income inequality literature that considers the relationship between the long-run and the short-run distributions of income (Shorrocks, 1978). We apply these methods in a novel way to health. Health mobility may be defined as a measure of movements over the life course within the health distribution.

The basic concept of mobility adopted here was introduced by Shorrocks (1978). A comparison of inequality in the distribution of long-run health, measured over 29 years, age  $t = 17, 18, \dots, 45$ , with some representative value of inequality in the short-run (single year) distributions reveals the degree of mobility, stability, or equalization over time. Measurement of inequality in long-run health is of interest in itself since such measurements can be free of short-run transitory effects. We estimate Shorrocks' rigidity index  $R$  which relates intra-distributional mobility to permanent inequality. The rigidity index is defined as

$$R \equiv \frac{I\left(\sum_{t=17}^{45} H_t^*\right)}{\sum_{t=17}^{45} w_t I(H_t^*)},$$

where  $I(\cdot)$  is Thiel's entropy inequality index (mean logarithmic deviation),  $H^*$  is a vector of health measures, and  $t = 17, 18, \dots, 45$ , denotes age. Cross-section (annual) inequality is weighted

using shares of health (quality of life) at age  $t$  in total health (quality of life) in the 29-year period. This index, then measures the proportion by which inequality for quality of life measured over roughly a 30-year period is lower than a weighted average of cross-section inequalities.

In order to construct an age-profile of health inequality using this inequality measure requires balanced panel data. Thus, we use each individual's estimated random intercept and slope coefficients to predict the level of health for each individual at each age  $t=17, 18, \dots, 45$ . We use these predictions to create a "simulated" balanced panel of health measures for each individual between ages 17 and 45.

Additionally, the shape of the sequence containing the rigidity values as the time horizon is lengthened one additional period (i.e., the rigidity profile) helps examine the nature of health changes—i.e., transitory vs. permanent health changes.<sup>14</sup> The graphical representation of Shorrocks' rigidity index applied to health is presented in Figure 6. These results highlight the significant degree of persistence in health inequality over a 30-year period of adulthood health.

Shorrocks' rigidity index  $R$  is particularly useful for our analysis of the determinants of health dynamics and the evolution of health inequality because it can be additively decomposed into a between and a within groups components, which in turn, help reveal the importance of neighborhood and family background. More precisely,  $R$  can be decomposed into between ( $R^B$ ) and within ( $R^W$ ) rigidity, weighted by the share of between groups ( $S^B$ ) and within group ( $S^W$ ) inequality in total cross-section inequality:

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<sup>14</sup> We wish to thank Philippe Van Kerm for sharing programs that assisted us in estimating and decomposing Shorrocks' rigidity index.

$$R = \frac{I^B \left( \sum_{t=17}^{45} H_t^* \right) \sum_{t=17}^{45} w_t I^B(H_t^*)}{\sum_{t=17}^{45} w_t I^B(H_t^*) \sum_{t=17}^{45} w_t I(H_t^*)} + \frac{I^W \left( \sum_{t=17}^{45} H_t^* \right) \sum_{t=17}^{45} w_t I^W(H_t^*)}{\sum_{t=17}^{45} w_t I^W(H_t^*) \sum_{t=17}^{45} w_t I(H_t^*)} = R^B S^B + R^W S^W$$

In future work, we plan to decompose Shorrocks' rigidity index into its between and within groups components to further our understanding of the importance of neighborhood and family background.

### CONCLUDING REMARKS AND DIRECTION FOR FUTURE RESEARCH

In this paper, we have used correlations based on a nationally representative longitudinal sample of siblings and neighbors to estimate bounds on the possible causal effects of family and neighborhood background on general health status in early adulthood through mid life. Estimates based on four-level hierarchical random effects models consistently show a significant scope for both family background (whether emanating from nature or nurture) and for neighborhood background. Our estimates suggest that disparities in neighborhood background factors account for up to 40 percent of the variation in health status among males in mid life. While the neighbor correlations must be strictly interpreted as upper bounds, the estimates suggest that childhood neighborhood factors play an important role in the intergenerational transmission of health status and influence both contemporaneous and future health outcomes.

The evidence presented in this paper challenges future research to further our understanding of the underlying processes that produce health disparities between different racial, ethnic, and socioeconomic groups. The results indicate that both family background and neighborhood quality during childhood serve as primary gatekeepers of the intergenerational transmission of adult health status. Future theoretical models and empirical analyses must incorporate and carefully model how the timing of neighborhood exposures intersects with the trajectory of health outcomes and how neighborhood effects may vary over the life-course.

Research on how neighborhood and family background influence later life health is one with potential endogeneity issues that are not amenable to the usual microeconomic corrections through use of instrumental variables or fixed effect approaches, and for which the extant experimental evidence is likely too short a time horizon to detect effects on overall health status. Instead of attempting to remove or avoid selection bias caused by unobserved factors, the methods employed in this paper assess how the presence of varying levels of selection bias would alter conclusions about the effect of growing up in a high poverty neighborhood on adult health. This evidence indicates further research on the effects of particular neighborhood characteristics is strongly warranted to identify the causal mechanisms through which concentrated neighborhood poverty effects operate.

In order to assess the policy implications of this research, we need a better understanding of the pathways through which neighborhoods and families affect health. Peer group effects, role model effects, and contextual-complementarity effects each represent distinct influences under the umbrella of neighborhood effects, and each has different policy implications. We have focused on quantifying the potential overall magnitude of family and neighborhood effects. Disentangling the causal sources of neighborhood effects is extremely difficult (Manski 1993; Moffitt 1998), but the decomposition and investigation into the mechanisms of why neighborhoods matter are an important next step and area for future research.

## Appendix A

### Health Index

A number of previous studies using surveys have demonstrated that a change in GHS from fair to poor represents a much larger degree of health deterioration than a change from excellent to very good or very good to good (e.g., Van Doorslaer & Jones 2003; Humphries & Van Doorslaer 2000). More generally, this research has shown that health differences between GHS categories increase with lowering GHS categories. Thus, assuming a linear scaling would not be appropriate.

To analyze health disparities in the presence of a multiple-category health indicator, three alternative approaches have previously been employed, each with its own set of advantages and disadvantages. The most common and simplest approach is to dichotomize GHS by setting a cut-off point above which individuals are said to be in good health (e.g., excellent/very good/good vs. fair/poor). The disadvantage of this approach is that it does not utilize all of the information on health. Additionally, it uses a somewhat arbitrary cut-off for the determination of healthy/not-healthy, and the measurement of inequality over time can be sensitive to the choice of cut-off (Wagstaff & Van Doorslaer 1994).

A second approach is to estimate an ordered logit or ordered probit regression using the GHS categories as the dependent variable and rescale the predicted underlying latent variable of this model to compute “quality weights” for health between 0 and 1 (Cutler & Richardson, 1997; Groot, 2000). The key shortcoming of this approach is the probit and logit link functions are inadequate to model health due to the significant degree of skewness in the health distribution (i.e., the majority of a general population sample report themselves to be in good to excellent health). Van Doorslaer and Jones (2003) assess the validity of using ordered probit regressions to impose cardinality on the ordinal responses comparing it with a gold standard of using the McMaster ‘Health Utility Index Mark III’ (HUI).<sup>15</sup> They conclude “...the ordered probit regression does not allow for any sensible approximation of the true degree of inequality.”

The third approach, adopted first by Wagstaff and Van Doorslaer (1994), assumes that underlying the categorical empirical distribution of the responses to the GHS question is a latent,

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<sup>15</sup> The McMaster Health Utility Index can be considered a more objective health measure because the respondents are only asked to classify themselves into eight health dimensions: vision, hearing, speech, ambulation, dexterity, emotion, cognition, and pain. The Health Utility Index Mark III is capable of describing 972,000 unique health states (Humphries & van Doorslaer 2000).



continuous but unobservable health variable with a standard lognormal distribution. This assumption allows “scoring” of the GHS categories using the mid-points of the intervals corresponding to the standard lognormal distribution. The lognormal distribution allows for skewness in the underlying distribution of health. The health inequality results obtained using this scaling procedure have been shown to be comparable to those obtained using truly continuous generic measures like the SF36 (Gerdtham et al. 1999) or the Health Utility Index Mark III (HUI) (Humphries & van Doorslaer 2000) in Canada, but has not been validated as an appropriate scaling procedure using U.S. data. The disadvantage of this approach is it inappropriately uses OLS on what remains essentially a categorical variable and does not exploit the within-category variation in health. This is particularly problematic for the analysis of health dynamics over a relatively short time horizon. Ignoring within-category variation in health will cause health deterioration estimates to be biased and induce (health) state dependence because within-category variation increases when going down from excellent to poor health.

Several surveys have been undertaken that contain both the GHS question and questions underlying a health utility index. In this paper, we adopt a latent variable approach that combines the advantages of approaches two and three above, but avoids their respective pitfalls. Specifically, utilizing external U.S. data that contain both GHS and health utility index measures, we use the distribution of health utility-based scores across the GHS categories to scale the categorical responses and subject our indicators to the transformation that best predicts quality of life. This scaling thus translates our measures into the metric that reflects the underlying level of health.

*Interval Regression Model.* Our method makes the assumption that underlying the categorical empirical distribution of the responses to the SAH question is a latent, continuous health variable. We estimate interval regression models using the aforementioned values to scale the thresholds for SAH, where interval regression models are equivalent to probit models with known thresholds.

Our measure of health status has categorical outcomes excellent (E), very good (VG), good (G), fair (F), poor (P), and dead (D). The model can be expressed as

$$\begin{aligned}
 H_i = & 1 \text{ (E)} && \text{if } 95 \leq H_i^* \leq 100 = \text{perfect health} \\
 & 2 \text{ (VG)} && \text{if } 85 \leq H_i^* < 95 \\
 & 3 \text{ (G)} && \text{if } 70 \leq H_i^* < 85 \\
 & 4 \text{ (F)} && \text{if } 30 \leq H_i^* < 70
 \end{aligned}$$

5 (P) if  $1 \leq H_i^* < 30$ ,  
 where  $H^*$  is the continuous latent health variable and is assumed to be a function of socio-economic variables  $x$ :

$$H_i^* = x_i\beta + v_i, \quad v_i \sim N(0, \sigma_v^2).$$

Given the assumption that the error term is normally distributed, the probability of observing a particular value of  $y$  is

$$P_{ij} = P(H_i = j) = \Phi\left(\frac{\mu_U - x_i\beta}{\sigma_v}\right) - \Phi\left(\frac{\mu_L - x_i\beta}{\sigma_v}\right),$$

where  $j$  indexes the categories,  $\Phi(\bullet)$  is the standard normal distribution function, and  $\mu$  represent the threshold values previously discussed. Because the threshold values are known, it is possible to identify the variance of the error term  $\sigma_v^2$ . Because we use the health utility-based values to score the thresholds for SAH, the linear index for the interval regression model is measured on the same scale. This scaling thus translates our measures into the metric that reflects the underlying level of health. With independent observations, the log-likelihood for the interval regression model takes the form:

$$\log L = \sum_i \sum_j H_{ij} \log P_{ij},$$

where the  $H_{ij}$  are binary variables that are equal to 1 if  $H_{ij} = j$ . This can be maximized to give estimates of  $\beta$ .

## Appendix

### Text of Questions Relating to Personality and Other Factors

Sense of Personal Control:

L1. Have you usually felt pretty sure your life would work out the way you want it to, or have there been times when you haven't been very sure about it?

- |      |    |  |
|------|----|--|
| 50.1 | 1. | Usually been pretty sure                     |
| 3.7  | 2. | Pretty sure, qualified                       |
| 3.7  | 3. | Pro-con, sure sometimes, not sure other      |
| 1.8  | 4. | More times when haven't been sure, qualified |
| 32.1 | 5. | More times when not very sure about it       |
| 8.5  | 9. | N.A., D.K.                                   |

L3. When you make plans ahead, do you usually get to carry out things the way you expected, or do things usually come up to make you change your plans?

- |      |    |   |
|------|----|---|
| 53.6 | 1. | Usually get to carry out things the way expected                |
| 3.5  | 2. | Usually get to carry out things, qualified                      |
| 7.5  | 3. | Pro-con, depends, sometimes carry out, sometimes things come up |
| 1.8  | 4. | Things come up to make me change plans, qualified               |
| 28.3 | 5. | Things usually come up to make me change plans                  |
| 5.3  | 9. | N.A., D.K.  |

L4. Would you say you nearly always finish things once you start them, or do you sometimes have to give up before they are finished?

- |      |    |  |
|------|----|--|
| 72.0 | 1. | Nearly always finish things                        |
| 5.2  | 2. | Nearly always finish, qualified                    |
| 2.5  | 3. | Pro-con, sometimes finish, sometimes give up       |
| 0.8  | 4. | Sometimes have to give up, qualified               |
| 16.4 | 5. | Sometimes have to give up before they are finished |
| 2.7  | 9. | N.A., D.K.   |

L9. Do you have some limitations that keep you from getting ahead as far as you would like?

- |      |    |                                 |
|------|----|---------------------------------|
| 42.0 | 1. | Yes, health included            |
| 5.1  | 3. | Yes, but not important, depends |
| 47.9 | 5. | No                              |
| 5.0  | 9. | N.A., D.K.                      |

L16. Are there a lot of people who have good things they don't deserve?

- |      |    |  |
|------|----|--|
| 30.4 | 1. | Yes, a lot                             |
| 2.5  | 2. | A lot, qualified, quite a few          |
| 5.4  | 3. | Pro-con, depends, some do              |
| 4.3  | 4. | Not many, but a few                    |
| 41.0 | 5. | No                                     |
| 16.4 | 9. | N.A., D.K., not concerned, can't judge |

Future Orientation:

L2. Are you the kind of person that plans his life ahead all the time, or do you live more from day to day?

- |      |    |  |
|------|----|--|
| 43.2 | 1. | Plan ahead                                   |
| 4.9  | 2. | Plan ahead, qualified                        |
| 5.1  | 3. | Sometimes plan ahead, sometimes not, pro-con |
| 1.7  | 4. | Live more from day to day, qualified         |
| 42.7 | 5. | Live more from day to day                    |
| 2.4  | 9. | N.A. D.K.                                    |

L6. Would you rather spend your money and enjoy life today or save more for the future?

- |      |    |  |
|------|----|--|
| 36.8 | 1. | Would rather spend money and enjoy life today      |
| 2.4  | 2. | Rather spend and enjoy, qualified, would if had it |
| 20.3 | 3. | Pro-con, want to do both                           |
| 4.5  | 4. | Save more for the future, qualified                |
| 32.0 | 5. | Save more for the future                           |
| 4.2  | 9. | N.A., D.K.   |

L14. Do you think a lot about things that might happen in the future, or do you usually just take things as they come?

- |      |    |  |
|------|----|--|
| 36.7 | 1. | Think a lot about things that might happen       |
| 2.1  | 2. | Think a good deal, qualified                     |
| 3.6  | 3. | Pro-con, sometimes. Should think more (less)     |
| 1.7  | 4. | Usually just take things as they come, qualified |
| 53.2 | 5. | Usually just take things as they come            |
| 2.6  | 9. | N.A., D.K.                                       |

Other personality measures:

L10. Do you get angry fairly easily, or does it take a lot to get you angry?

- |      |    |   |
|------|----|---|
| 20.9 | 1. | Get angry fairly easily   |
| 1.9  | 2. | Get angry fairly easily, qualified                                      |
| 4.8  | 3. | Pro-con, depends  |
| 4.9  | 4. | Takes a lot to get me angry, qualified<br>(But I really blow when I do) |
| 64.6 | 5. | Takes a lot to get me angry (I never get angry)                         |
| 2.8  | 9. | N.A., D.K.  |

L11. How much does it matter what other people think about you?

- |      |    |   |
|------|----|---|
| 46.5 | 1. | Not at all. Doesn't matter                        |
| 15.3 | 2. | Very little, matters what one or two people think |
| 8.4  | 3. | Pro-con, depends. Matters in some areas           |
| 12.1 | 4. | A good deal. It matters                           |
| 14.2 | 5. | It matters a lot. I'm very sensitive              |
| 3.5  | 9. | N.A., D.K.  |

L12. Do you trust most other people, some, or very few?

- |      |    |                                     |
|------|----|-------------------------------------|
| 56.9 | 1. | Most                                |
| 3.7  | 2. | Most, qualified                     |
| 18.5 | 3. | Pro-con, depends, should trust some |
| 3.5  | 4. | Few, not many, qualified            |
| 14.5 | 5. | Very few. I trust no one            |
| 2.8  | 9. | N.A., D.K.                          |

L13. Do you spend much time figuring out ways to get more money?

- |      |    |   |
|------|----|---|
| 65.5 | 1. | None at all   |
| 3.8  | 2. | Very little, not much   |
| 3.8  | 3. | Pro-con, sometimes I do, should spend<br>more (less), used to in the past |
| 1.9  | 4. | Quite a bit   |
| 22.2 | 5. | A lot. I'm always figuring out how to<br>get more money                   |
| 2.8  | 9. | N.A., D.K.  |

L15. Do you think the life of the average man is getting better or is it getting worse?

- |      |    |  |
|------|----|--|
| 49.7 | 1. | Getting better                             |
| 3.3  | 2. | Getting better, qualified; better for most |
| 9.0  | 3. | Pro-con, better some ways, worse others    |
| 1.8  | 4. | Getting worse, qualified                   |
| 28.2 | 5. | Getting worse                              |
| 8.0  | 9. | N.A., D.K.                                 |

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**Table 1. Importance of Child Neighborhood & Family Background on Adult Health**

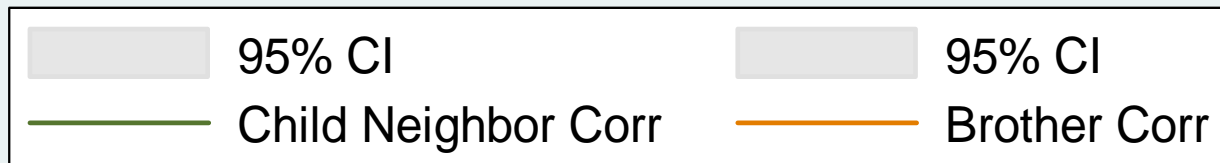
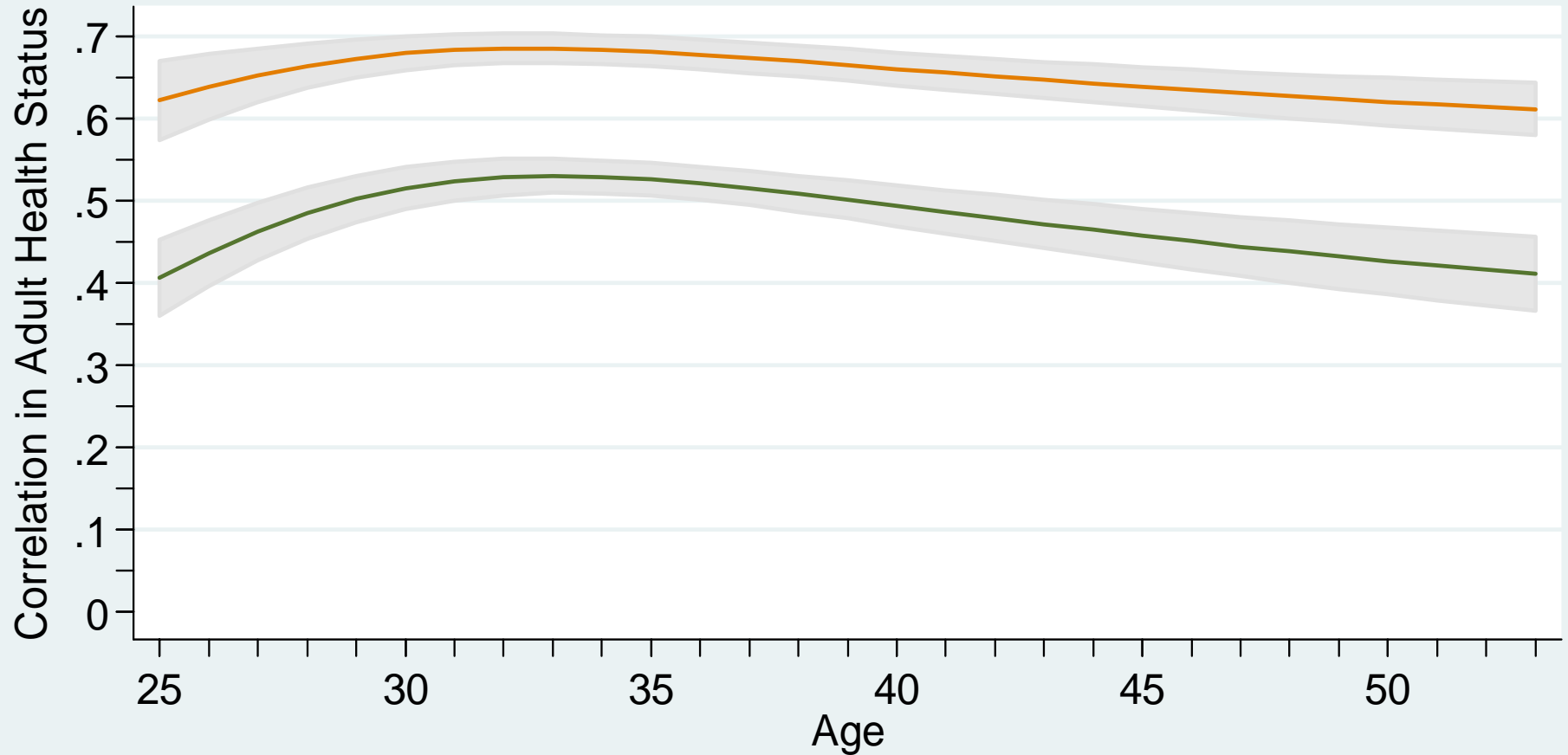
<b>(Dependent variable: general health status in adulthood)</b>	
Interval Regression Model: 100pt-scale, 100=perfect health	
	(1)
Constant	87.3505*** (0.2134)
Age - 30	0.3649*** (0.0428)
(Age - 30) <sup>2</sup>	-0.0000 (0.0028)
Year born - 1960	-0.9065*** (0.1215)
<b>Random Effects, Unmeasured (Std Dev)</b>	
Neighborhood component, initial status at age 30	9.5690*** (0.3256)
Neighborhood component, health deterioration rate	0.5141***
Neighborhood correlation(initial status, deterioration rate)	0.7432***
-----	
Family component, initial status at age 30	5.4006*** (0.1725)
Family component, health deterioration rate	0.5304***
Family correlation(initial status, deterioration rate)	0.1237*
-----	
Individual component, initial status at age 30	7.5478*** (0.2014)
Individual component, health deterioration rate	0.7066***
Individual correlation(initial status, deterioration rate)	0.2291***
-----	
Transitory error component	3.4847***
Log-likelihood	-660970.1
-----	
Number of counties	
Number of neighborhoods	784
Number of families	970
Number of individuals	1,416
Number of person-year observations	15,059

Significance: \*'=10%; '\*\*'=5%; \*\*\*'=1%.

NOTE: Robust standard errors in parentheses and all standard errors are Huber-corrected, clustered on county.

# Sibling & Child Neighbor Correlations in Adult Health

Men



Data: PSID, 1968-2005

(Based on 4-Level Hierarchical Random Effects Model of Self-assessed Health Status)

## Table 2. The Influence of Neighborhood & Family Background Factors on Adult Health

(Dependent variable: general health status in adulthood)

Interval Regression Model: 100pt-scale, 100=perfect health

	(1)	(2)
Constant	88.1415*** (0.2113)	94.4901***
Age - 30	-0.2524*** (0.0290)	-0.2620***
<i>Childhood factors</i>		
Birth order		-0.1602***
Low birth weight		-5.7315***
Mother unmarried at child's birth		-3.4126***
Black		3.0250***
1970 Residential Segregation Dissimilarity Index (MSA)		-6.1973***
Family income-to-needs ratio (avg during 1967-1972)		0.1205***
1970 Neighborhood poverty rate		-20.3322***
Neighborhood housing quality index		-0.0729***

*Note: All models include controls for year of birth, age squared, column (2) includes indices intended to capture parental aspirations/motivation and long-term planning (coefficients suppressed to conserve space). Robust standard errors in parentheses and all standard errors are Huber-corrected, clustered on county.*

## Table 2 (cont.) The Influence of Neighborhood & Family Background Factors on Adult Health

(Dependent variable: general health status in adulthood)

Interval Regression Model: 100pt-scale, 100=perfect health

<i>Parental Education</i>		
High school dropout		-0.5039***
High school graduate (reference category)		
College-educated		2.7675
Parental low expectations for child achievement		0.7950
Low county school expenditures per pupil (1970)		-1.9733***
Parental annual alcohol expenditures (avg during 1967-1972 in \$00s)		-0.1600***
Neighborhood smoking prevalence		-0.5558***
Parent connected to informal sources of help (index)		0.4541***
<b>Random Effects, Unmeasured (Std Dev)</b>		
Neighborhood component	7.4280*** (0.4820)	6.5195***
Family component	3.1908*** (0.2740)	2.6661***
Individual component	6.9457*** (0.2952)	7.0675***
Transitory error component	5.2898***	5.1940***

Note: All models include controls for year of birth, age squared, column (2) includes indices intended to capture parental aspirations/motivation and long-term planning (coefficients suppressed to conserve space). Robust standard errors in parentheses and all standard errors are Huber-corrected, clustered on county.

**Table 3. Importance of Neighborhood & Family Background on Adult Health, Before & After Controlling for Adult Earnings**

**(Dependent variable: general health status in adulthood)**

Interval Regression Model: 100pt-scale, 100=perfect health

	(1)	(2)
Constant	88.1415*** (0.2113)	87.6793*** (0.2206)
Age - 30	-0.2524*** (0.0290)	-0.2850*** (0.0343)
<b>Adult SES</b>		
Educational attainment (years)		1.1116*** (0.3955)
Ln(annual earnings)		0.6402*** (0.1873)
<b>Random Effects, Unmeasured (Std Dev)</b>		
Neighborhood component	7.4280*** (0.4820)	2.1055*** (0.2589)
Family component	3.1908*** (0.2740)	4.1094*** (0.2178)
Individual component	6.9457*** (0.2952)	6.4152*** (0.4763)
Transitory error component	5.2898***	4.6094***

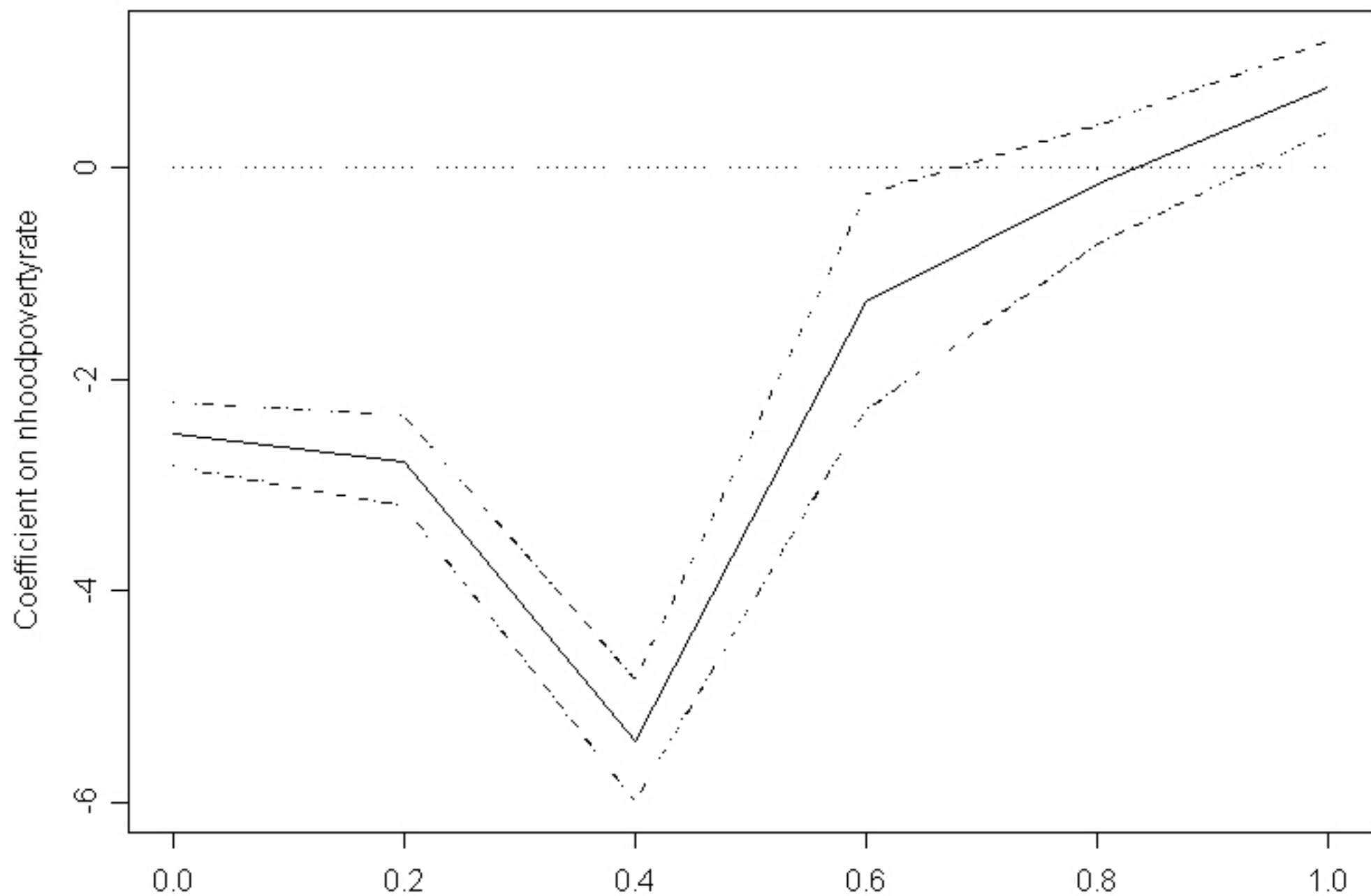
*Note: All models include controls for year of birth and age squared (coefficients suppressed to conserve space). Robust standard errors in parentheses and all standard errors are Huber-corrected, clustered on county.*



**Table 4. Sibling and Child Neighbor Correlations in Adult Health, Men**

	Age 40	
	Brother Correlation	Child Neighbor Correlation
<b>Unconditional</b>	<b>0.6605</b> <b>(0.0102)</b>	<b>0.4940</b> <b>(0.0126)</b>
<b>Adjusted</b> <b>(net of residential sorting of HHs w/similar</b> <b>family bckgrd)</b>		<b>0.4570</b>
<b>Conditional, control for 1968</b> <b>family/neighborhood factors</b>	<b>0.4980</b>	<b>0.4272</b>
<b>Conditional, control for adult SES</b>	<b>0.3413</b>	<b>0.0710</b>

# Results based on Conditional Model of Unobservables



Relative correlation of unobservables  
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**Table 5. Importance of Child Neighborhood & Family Background on Adult Annual Earnings**

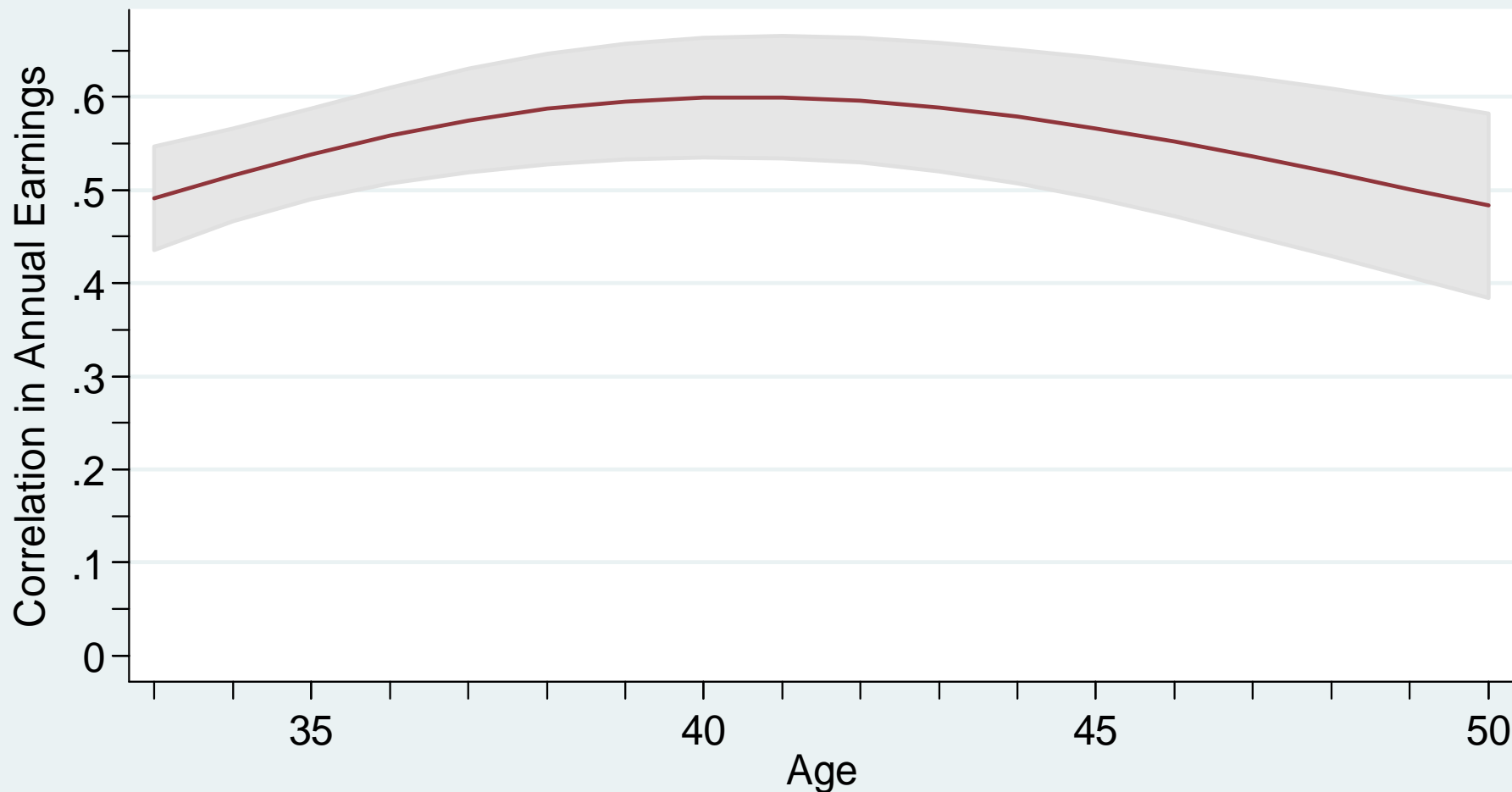
<b>(Dependent variable: ln(annual earnings)</b>	
(CPI-U-adjusted 1997 dollars)	
	(1)
Constant	10.3708*** (0.0420)
Age - 40	0.0145*** (0.0031)
(Age - 40) <sup>2</sup>	-0.0008** (0.0003)
Year born - 1960	0.0125 (0.0096)
<b>Random Effects, Unmeasured (Std Dev)</b>	
Neighborhood component, initial status at age 40	0.6112*** (0.0401)
Neighborhood component, health deterioration rate	0.0054
Neighborhood correlation(initial status, deterioration rate)	1
.....	
Family component, initial status at age 40	0.2551*** (0.0228)
Family component, health deterioration rate	0.0061
Family correlation(initial status, deterioration rate)	1
.....	
Individual component, initial status at age 40	0.5457*** (0.0270)
Individual component, health deterioration rate	0.0503***
Individual correlation(initial status, deterioration rate)	-0.0227
.....	
Transitory error component	0.5197***
Log-likelihood	-180628.55
Number of counties	90
Number of neighborhoods	773
Number of families	978
Number of individuals	1,480
Number of person-year observations	11,678

Significance: \*'=10%; \*\*'=5%; \*\*\*'=1%.

NOTE: Robust standard errors in parentheses and all standard errors are Huber-corrected, clustered on county.

# Sibling Correlations in Adult Earnings

Men

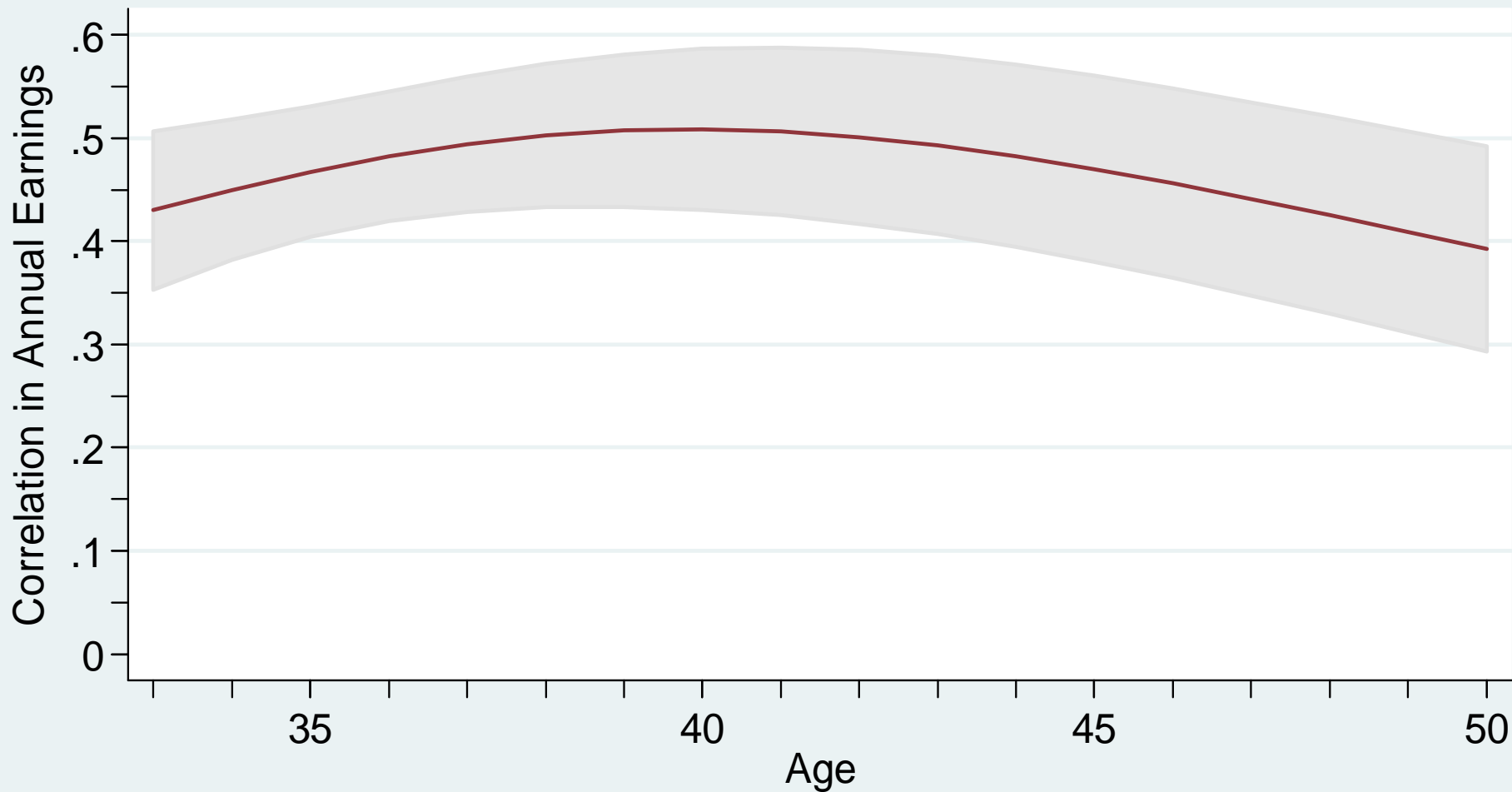


95% CI      Brother Corr

Data: PSID, 1968-2005  
(Based on 4-Level Hierarchical Random Effects Model of  $\ln(Y)$ )

# Child Neighbor Correlations in Adult Earnings

Men



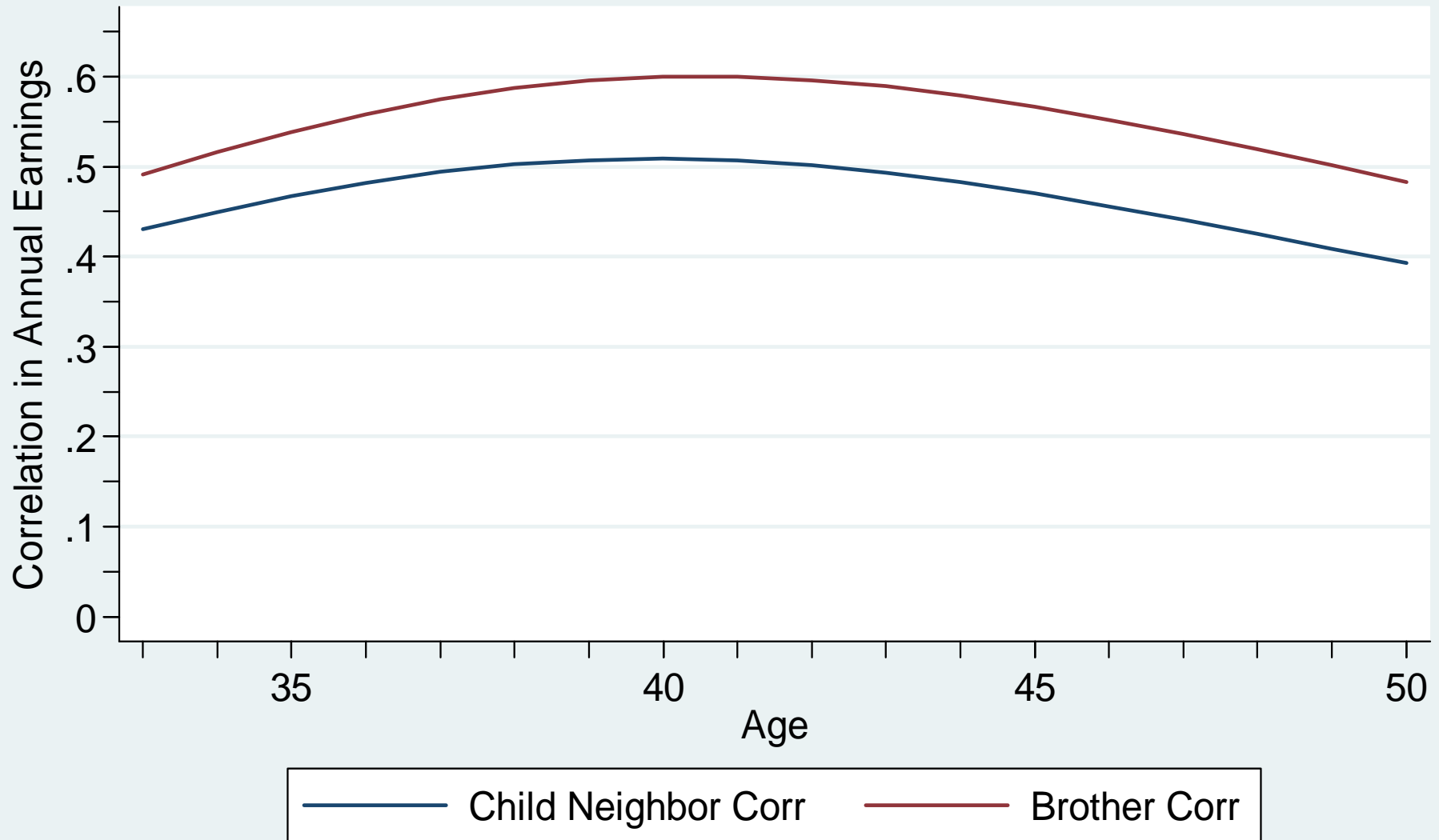
95% CI Child Neighbor Corr

Data: PSID, 1968-2005

(Based on 4-Level Hierarchical Random Effects Model of  $\ln(Y)$ )

# Sibling & Child Neighbor Correlations in Adult Earnings

## Men



Data: PSID, 1968-2005  
(Based on 4-Level Hierarchical Random Effects Model of  $\ln(Y)$ )

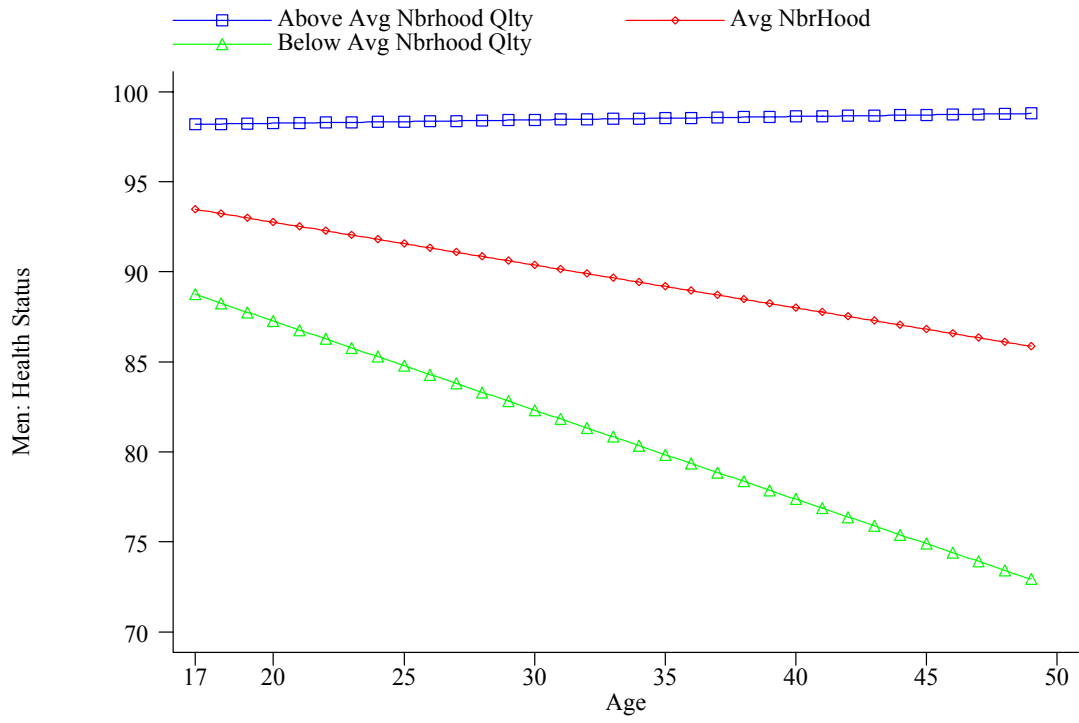


Figure 2. Health Status for Men in Various Levels of Neighborhood Quality

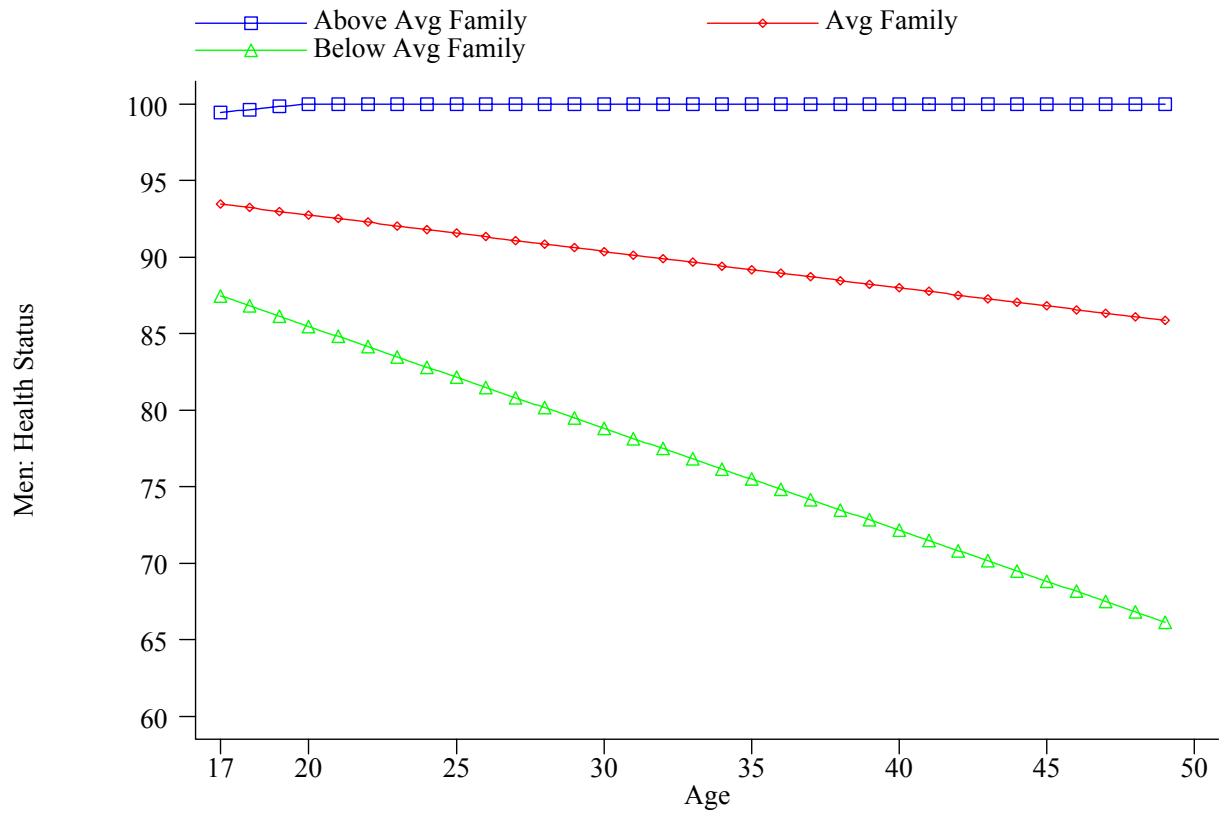
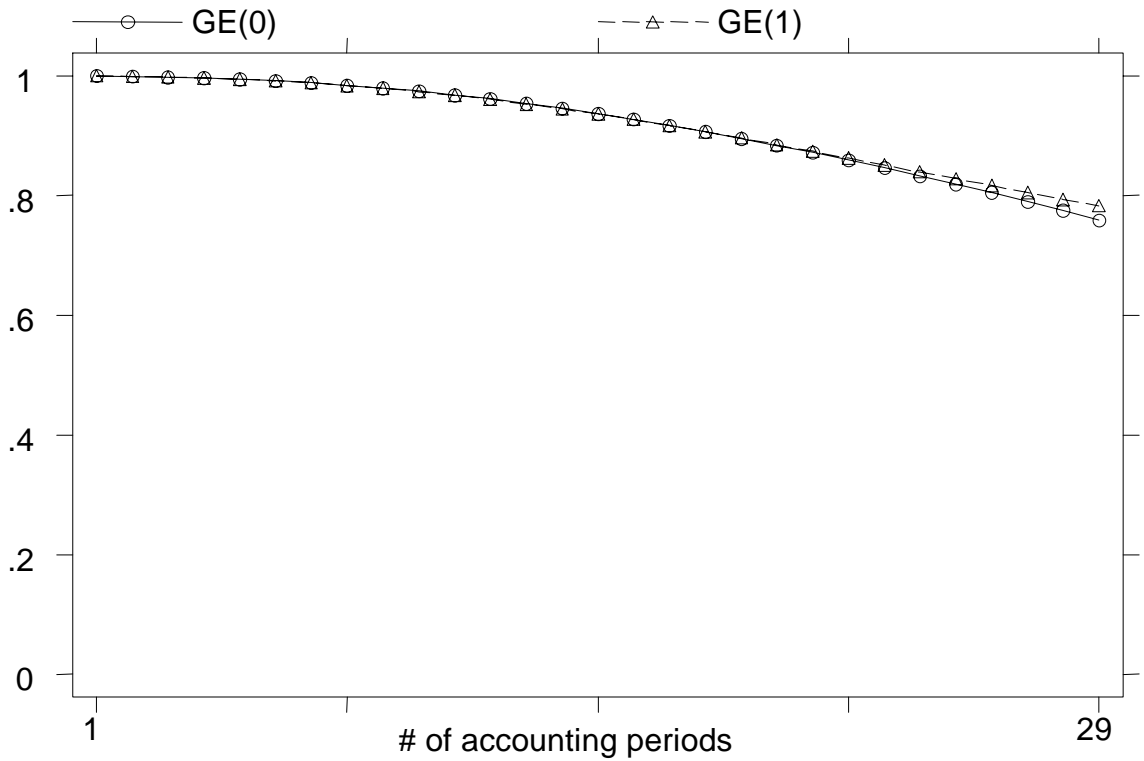


Figure 3. Health Status for Men in Various Levels of Family Quality



Shorrocks [1978]'s Rigidity/Immobility Index applied to Health:  
 using health variable that lies in interval [0,100] and is increasing in health



Shorrocks' Rigidity Index: Health

Shorrocks [1978]'s rigidity index applied to Health for Men:

Using GE(0) inequality index : 0.24075

Using GE(1) inequality index : 0.21729

Thiel's generalized entropy inequality index (mean logarithmic deviation)